



Godavari Foundation

Dr. ULHAS PATIL COLLEGE OF PHYSIOTHERAPY, JALGAON

Subject: Kinesiotherapy

I B.P.Th (2025-26) Monthly teaching plan for March

Sr No.	Date	Topic	Staff Name	Time
1	02/03/26	Joint Mobility (Demonstrate the techniques)	Dr. Pradnya Mahajan	02:30-04:30
2	05/03/26	Classification of movements (Analyze and apply different types of movements)	Dr. Shruti Chaudhari	03:30-04:30
3	06/03/26	Therapeutic gymnasium (Describe the uses of accessories)	Dr. Lajari Dhande	03:30-04:30
4	07/03/26	Therapeutic gymnasium (Describe the uses of accessories)	Dr. Lajari Dhande	02:30-03:30
5	09/03/26	Joint Mobility (Demonstrate the techniques)	Dr. Pradnya Mahajan	02:30-04:30
6	12/03/26	Therapeutic Soft Tissue Manouvers (Define and Describe Classification)	Dr. Pawan Chopde	03:30-04:30
7	13/03/26	Therapeutic Soft Tissue Manouvers (Define and Describe Classification)	Dr. Pawan Chopde	03:30-04:30
8	14/03/26	Classification of movements (Analyze and apply different types of movements)	Dr. Shruti Chaudhari	02:30-03:30
9	16/03/26	Joint Mobility (Demonstrate the techniques)	Dr. Pradnya Mahajan	02:30-04:30
10	20/03/26	Therapeutic gymnasium (Describe the uses of accessories)	Dr. Lajari Dhande	03:30-04:30
11	23/03/26	Joint Mobility (Demonstrate the techniques)	Dr. Pradnya Mahajan	02:30-04:30
12	27/03/26	Therapeutic Soft Tissue Manouvers (Discuss n the principles)	Dr. Pawan Chopde	03:30-04:30
13	28/03/26	Therapeutic Soft Tissue Manouvers (Discuss n the principles)	Dr. Pawan Chopde	02:30-03:30
14	30/03/26	Joint Mobility (Demonstrate the techniques)	Dr. Pradnya Mahajan	02:30-04:30

  
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**Dr. ULHAS PATIL COLLEGE OF PHYSIOTHERAPY, JALGAON**

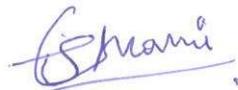
1<sup>st</sup> YEAR (Winter 2026)

MONTHLY LECTURE SCHEDULE:-

**KINESIOLOGY AND MOVEMENT SCIENCE**

**March-2026**

Sr.No	Date	Topic	Name of staff	Time
1.	2/3/26	Basics of joint biomechanics Classification of joints	Dr. Shruti C.	1:30 - 02:30
2.	4/3/26	Joint stability	Dr. Shruti C.	10:30 -11:30
3.	6/3/26	Basics of joint biomechanics Anatomy of joints	Dr. Ashish P	02:30-03:30
4.	9/3/26	Basics of muscle biomechanics Agonist & Antagonist	Dr. Ashish P	1:30 - 02:30
5.	10/3/26	Basics of muscle biomechanics Fixators & Synergists	Dr. Ashish P	10:30 -11:30
6.	11/3/26	Basics of joint biomechanics Classification of cartilaginous joints	Dr. Aditya K.	02:30-03:30
7.	13/3/26	Basics of joint biomechanics Classification of cartilaginous joints	Dr. Aditya K.	02:30-03:30
8.	16/3/26	Basics of joint biomechanics Classification of fibrous joints	Dr. Aditya K.	1:30 - 02:30
9.	17/3/26	Revision class	Dr. Aditya K.	10:30 -11:30
10.	18/3/26	Class Test	Dr. Aditya K.	02:30-03:30
11.	20/3/26	Parallelogram of Forces	Dr. Lajari D.	02:30-03:30
12.	23/3/26	Concept of Mechanical Pulleys	Dr. Lajari D.	1:30 - 02:30
13.	24/3/26	Concept of Anatomical Pulleys	Dr. Lajari D.	10:30 -11:30
14.	25/3/26	Active & Passive insufficiency	Dr. Ashish P	02:30-03:30
15.	27/3/26	Therapeutic applications	Dr. Ashish P	02:30-03:30
16.	30/3/26	Revision Class	Dr. Shruti C.	1:30 - 02:30

  
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**MONTHLY ELECTROTHERAPY LECTURE SCHEDULE**

1st YEAR (BATCH 2025-26)

**MARCH 2026**

Sr.no	Date	Topic	Name of staff	Time
1.	3/03/26	Holi		
2.	4/03/26	Practical Session- EMS	Dr. Kalyani	3:30-4:30
3.	5/03/26	Introduction to TENS	Dr. Pavan	2:30-3:30
4.	7/03/26	Classification of TENS	Dr. Pavan	1:30-2:30
5.	10/03/26	TENS -physical principles	Dr. Pavan	9:30-10:30
6.	10/03/26	Practical – Demonstration of panel diagram of TENS	Dr. Pavan	2:30-3:30
7.	10/03/26	Practical – TENS	Dr. Pavan	3:30-4:30
8.	11/03/26	Faradic currents- Define and describe faradic - type current	Dr. Kalyani	3:30-4:30
9.	12/03/26	Duration, frequencies and various waveforms of faradic type current, surging	Dr. Kalyani	2:30-3:30
10.	14/03/26	Introduction to medium frequency currents	Dr. Priti	1:30-2:30
11.	17/03/26	Define interferential therapy and its principle.	Dr. Priti	9:30-10:30
12.	17/03/26	Panel diagram of IFT unit its importance & use of each part	Dr. Priti	2:30-3:30
13.	17/03/26	Physiological effects of IFT	Dr. Priti	3:30-4:30
14.	18/03/26	Practical – IFT	Dr. Priti	3:30-4:30

15.	19/03/26	Gudi Padwa		
16.	21/03/26	Ramdan Id		
17.	24/03/26	Galvanic Current/Direct current	Dr. Kalyani	9:30-10:30
18.	24/03/26	Interrupted Direct current duration, frequency waveforms of IG	Dr. Kalyani	2:30-3:30
19.	24/03/26	Practical – Identify and differentiate faradic and galvanic current while testing apparatus	Dr. Kalyani	3:30-4:30
20.	25/03/26	Test – Faradic and Galvanic currents	Dr. Kalyani	3:30-4:30
21.	26/03/26	Test -TENS	Dr. Pavan	2:30-3:30
22.	28/03/26	Practical – Hot pack	Dr. Priti	1:30-2:30
23.	31/03/26	Test – Hot pack	Dr. Priti	9:30-10:30
24.	31/03/26	Practical – IFT	Dr. Pavan	2:30-3:30
25.	31/03/26	Practical – TENS	Dr. Pavan	3:30-4:30

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# DR. ULHAS PATIL COLLEGE OF PHYSIOTHERAPY, JALGAON

Subject: Kinesiotherapy

II B.P.Th. (Winter) Monthly teaching plan for MARCH 2026

Sr. No.	Date	Topics	Teacher	Time
1.	3/3/26	<b>HOLI</b>		
2.	4/3/26	Stretching Theory	Dr. Mukesh	3-4 PM
3.	6/3/26	Principles of Stretching	Dr. Mukesh	2-3 PM
4.	6/3/26	Principles of Stretching	Dr. Mukesh	3-4 PM
5.	7/3/26	Types of methods of Stretching	Dr. Mukesh	11-12 PM
6.	10/3/26	Types of methods of Stretching	Dr. Mukesh	2-3 PM
7.	10/3/26	Assessment of Stretching	Dr. Mukesh	3-4 PM
8.	11/3/26	Assessment of Stretching	Dr. Mukesh	3-4 PM
9.	13/3/26	Neuromuscular Coordination & Balance	Dr. Krutika	2-3 PM
10.	13/3/26	Physiology related to Co-ordination & Balance	Dr. Krutika	3-4 PM
11.	14/3/26	Physiology related to Co-ordination & Balance	Dr. Krutika	11-12 PM
12.	17/3/26	Lower Limb Stretching practical	Dr. Mukesh	2-3 PM
13.	17/3/26	Lower Limb Stretching practical	Dr. Mukesh	3-4 PM
14.	18/3/26	Lower Limb Stretching practical	Dr. Mukesh	3-4 PM
15.	20/3/26	Lower Limb Stretching practical	Dr. Mukesh	2-3 PM
16.	20/3/26	Lower Limb Stretching practical	Dr. Mukesh	3-4 PM
17.	21/3/26	<b>RAMZAN ID</b>		
18.	24/3/26	Frenkel's Exercise	Dr. Krutika	2-3 PM
19.	24/3/26	Frenkel's Exercises practical	Dr. Krutika	3-4 PM
20.	25/3/26	Frenkel's Exercises practical	Dr. Krutika	3-4 PM
21.	27/3/26	Upper Limb Stretching practical	Dr. Lajari	2-3 PM
22.	27/3/26	Upper Limb Stretching practical	Dr. Lajari	3-4 PM
23.	28/3/26	Upper Limb Stretching practical	Dr. Lajari	11-12 PM

  
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**Subject: Kinesiology**

**II B.P.Th. (Winter) Monthly teaching plan for MARCH 2026**

Sr. No.	Subtopics	Teacher	Date	Time
1.	<b>HOLI (3/2/26)</b>			
2.	Elbow joint- Kinematics	Dr. Aditya	5/3/26	4-5
3.	Elbow joint- Revision	Dr. Aditya	6/3/26	4-5
4.	Elbow Joint – Revision	Dr. Aditya	7/3/26	12-1
5.	<b>SUNDAY</b>			
6.	Posture- Introduction	Dr. Aditya	10/3/26	4-5
7.	Posture- Biomechanics	Dr. Aditya	12/3/26	4-5
8.	Posture- Factor Affecting Posture and planes	Dr. Aditya	13/3/26	4-5
9.	Posture- Physiological Deviations	Dr. Aditya	14/3/26	4-5
10.	<b>SUNDAY</b>			
11.	Posture- Analysis of all Views	Dr. Aditya	17/3/26	4-5
12.	<b>GUDI PADWA (19/03/26)</b>			
13.	Posture ( Practical)	Dr. Aditya	20/2/26	4-5
14.	<b>RAMZAN EID (21/03/26)</b>			
15.	Posture ( Practical)	Dr. Aditya	24/3/26	4-5
16.	<b>RAM NAVMI (26/03/26)</b>			
17.	Posture ( Practical)	Dr. Aditya	27/3/26	4-5
18.	Posture ( Practical)	Dr. Aditya	28/3/26	12-1
19.	<b>SUNDAY (29/03/26)</b>			
20.	<b>MAHAVIR JAYANTI (31/03/26)</b>			

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2<sup>ND</sup> YEAR (Winter 2026)

MONTHLY ELECTROTHERAPY LECTURE SCHEDULE:-

March-2026

Sr.No	Date	Topic	Name of staff	Time
1.	02/03/26	Faradic stimulation revision	Dr. Kalyani	02.00-04.00
2.	04/03/26	Faradism under pressure revision	Dr. Kalyani	02.00-03.00
3.	05/03/26	IRR application	Dr. Anurag	02.00-04.00
4.	07/03/26	Galvanism	Dr. Anurag	10.00-11.00
5.	09/03/26	Faradism under pressure revision	Dr. Kalyani	02.00-04.00
6.	11/03/26	Micro current	Dr. Pawan	02.00-03.00
7.	12/03/26	IRR application	Dr. Anurag	02.00-04.00
8.	14/03/26	TENS	Dr. Anurag	10.00-11.00
9.	16/03/26	SWD revision	Dr. Preeti	02.00-04.00
10.	18/03/26	Micro current	Dr. Pawan	02.00-03.00
11.	23/03/26	SWD revision	Dr. Kalyani	02.00-04.00
12.	25/03/26	IRR Application practice	Dr. Anurag	02.00-03.00
13.	28/03/26	TENS application	Dr. Anurag	10.00-11.00
14.	30/03/26	Micro current revision	Dr. Pawan	02.00-04.00

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Subject: Kinesiotherapy

II B.P.Th. (Summer) Monthly teaching plan for MARCH 2026

Sr. No.	Date	Topics	Teacher	Time
1.	3/3/26	<b>HOLI</b>		
2.	4/3/26	MMT Lower Limb Practical	Dr. Divya	3-4 PM
3.	6/3/26	MMT Trunk practical	Dr. Aditya	2-3 PM
4.	6/3/26	MMT Trunk practical	Dr. Aditya	3-4 PM
5.	7/3/26	MMT Trunk practical	Dr. Aditya	11-12 PM
6.	10/3/26	MMT Face practical	Dr. Aditya	2-3 PM
7.	10/3/26	MMT Face practical	Dr. Aditya	3-4 PM
8.	11/3/26	Stretching theory	Dr. Mukesh	3-4 PM
9.	13/3/26	Stretching theory	Dr. Mukesh	2-3 PM
10.	13/3/26	Stretching theory	Dr. Mukesh	3-4 PM
11.	14/3/26	Upper Limb Stretching practical	Dr. Mukesh	11-12 PM
12.	17/3/26	Upper Limb Stretching practical	Dr. Mukesh	2-3 PM
13.	17/3/26	Upper Limb Stretching practical	Dr. Mukesh	3-4 PM
14.	18/3/26	Upper Limb Stretching practical	Dr. Mukesh	3-4 PM
15.	20/3/26	Lower Limb Stretching practical	Dr. Lajari	2-3 PM
16.	20/3/26	Lower Limb Stretching practical	Dr. Lajari	3-4 PM
17.	21/3/26	<b>RAMZAN ID</b>		
18.	24/3/26	Lower Limb Stretching practical	Dr. Lajari	2-3 PM
19.	24/3/26	Lower Limb Stretching practical	Dr. Lajari	3-4 PM
20.	25/3/26	Lower Limb Stretching practical	Dr. Lajari	3-4 PM
21.	27/3/26	Neck Stretching practical	Dr. Lajari	2-3 PM
22.	27/3/26	Neck Stretching practical	Dr. Lajari	3-4 PM
23.	28/3/26	Trunk Stretching practical	Dr. Lajari	11-12 PM

  
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**Subject: Kinesiology**

**II B.P.Th. (Summer) Monthly teaching plan for MARCH 2026**

Sr. No.	Subtopics	Teacher	Date	Time
<b>HOLI (3/2/25)</b>				
2.	SI Joint	Dr. Aditya	5/3/26	4-5
3.	SI Joint	Dr. Aditya	6/3/26	4-5
4.	SI joint	Dr. Aditya	7/3/26	12-1
<b>SUNDAY</b>				
6.	Lumbar Vertebral Column	Dr. Aditya	10/3/26	4-5
7.	Lumbar Vertebral Column	Dr. Aditya	12/3/26	4-5
8.	Lumbar Vertebral Column	Dr. Aditya	13/3/26	4-5
9.	Lumbar Vertebral Column	Dr. Aditya	14/3/26	4-5
<b>SUNDAY</b>				
11.	Joint Biomechanics ( Test )	Dr. Lajari	17/3/26	4-5
<b>GUDI PADWA (19/03/26)</b>				
13.	Muscle Biomechanics (Test)	Dr. Aditya	20/2/26	4-5
<b>RAMZAN EID (21/03/26)</b>				
15.	Shoulder Joint ( Revision)	Dr. Divya	24/3/26	4-5
<b>RAM NAVMI (26/03/36)</b>				
17.	Shoulder Joint ( Test)	Dr. Divya	27/3/26	4-5
18.	Elbow Joint ( Revision)	Dr. Aditya	28/3/26	12-1
<b>SUNDAY (29/03/26)</b>				
<b>MAHAVIR JAYANTI (31/03/26)</b>				

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**MONTHLY LECTURE SCHEDULE MARCH 2025--26**

**3RD BPTH SUMMER BATCH**

**SUBJECT – FDPS**

DATE	TIME	TOPIC	STAFF
02/03/26	12:00 – 1:00 (Neuro)	MRP	DR JIDNYASA A
	2:00 – 3:00 (Neuro)	MRP	DR JIDNYASA A
	3:00 – 4:00 (MSK)	MET	DR DIVYA PATIL
<b>03/03/26</b>	<b>HOLI</b>		
04/03/26	4:00 – 5:00 (MSK)	MET	DR DIVYA PATIL
05/03/26	2:00 – 3:00 (CVRS)	BODY COMPOSITION	DR AMIT J
	4:00 – 5:00 (MSK)	MET	DR DIVYA PATIL
06/03/26	12:00 – 1:00 (CVRS)	CHEST XRAY	SHWETA DAMLE
	4:00 – 5:00 (Neuro)	MRP	DR JIDNYASA A
07/03/26	11:00 – 12:00 (CVRS)	CHEST XRAY	SHWETA DAMLE
	2–3 (msk)	MET	DR DIVYA PATIL
	3–4 (neuro)	MRP	DR JIDNYASA A
	4–5 (cvs)	BODY COMPOSITION	DR AMIT J
09/03/26	12:00 – 1:00 (Neuro)	PNF REV	DR CHITRA MRIDHA
	2:00 – 3:00 (Neuro)	PNF REV	DR CHITRA MRIDHA
	3:00 – 4:00 (MSK)	MET	DR DIVYA PATIL
	4:00 – 5:00 (CVRS)	CHEST XRAY	SHWETA DAMLE
10/03/26	4:00 – 5:00 (MSK)	MET	DR DIVYA PATIL
11/03/26	3:00 – 4:00 (MSK)	SPECIAL TESTSHOULDER JT	DR ANURAG
	4:00 – 5:00 (Neuro)	NEONATAL REFLEX	ASHWINI MALOKAR
12/03/26	2:00 – 3:00 (CVRS)	CHEST XRAY	SHWETA DAMLE
	4:00 – 5:00 (MSK)	MET	DR DIVYA PATIL
13/03/26	12:00 – 1:00 (CVRS)	RPE	DR AMIT JAISWAL
	4:00 – 5:00 (Neuro)	NEONATAL REFLEX	ASHWINI MALOKAR
14/03/26	11:00 – 12:00 (CVRS)	CHEST XRAY	SHWETA DAMLE
	2–3 pm	MET	DR DIVYA PATIL
	3–4PM NEURO)	NEONATAL REFLEX	ASHWINI MALOKAR
	4–5 (CVS)	RPE	DR AMIT JAISWAL
16/03/26	12:00 – 1:00 (Neuro)	MRP	DR JIDNYASA A

	2:00 – 3:00 (Neuro)	MRP	DR JIDNYASA A
	3:00 – 4:00 (MSK)	MET( PRACT)	DR DIVYA PATIL
	4:00 – 5:00 (CVRS)	RPE	DR AMIT JAISWAL
17/03/26	4:00 – 5:00 (MSK)	MET( PRACT)	DR DIVYA PATIL
18/03/26	3:00 – 4:00 (MSK)	MET( PRACT)	DR DIVYA PATIL
	4:00 – 5:00 (Neuro)	REV BRUNSTROM	DR KRUTIKA
<b>19/03/26</b>	<b>GUDI PADWA</b>		
20/03/26	12:00 – 1:00 (CVRS)	RPE	DR AMIT JAISWAL
	4:00 – 5:00 (Neuro)	REV BRUN	DR KRUTIKA
<b>21/03/26</b>	<b>RAMZAN EID</b>		
23/03/26	12:00 – 1:00 (Neuro)	REV BRUN	DR KRUTIKA
	2:00 – 3:00 (Neuro)	REV BRUN	DR KRUTIKA
	3:00 – 4:00 (MSK)	SPECIAL TEST SHD JT	DR ANURAG
	4:00 – 5:00 (CVRS)	PARQ	ADITI PATIL
24/03/26	4:00 – 5:00 (MSK)	SPECIAL TEST SHD JT	DR ANURAG
25/03/26	3:00 – 4:00 (MSK)	SPECIAL TEST SHD JT	DR ANURAG
	4:00 – 5:00 (Neuro)	REV ROODS	DR CHITRA
<b>26/03/26</b>	<b>RAM NAVMI</b>		
27/03/26	12:00 – 1:00 (CVRS)	PARQ	ADITI PATIL
	4:00 – 5:00 (Neuro)	REV ROODS	DR CHITRA
28/03/26	11:00 – 12:00 (CVRS)	PARQ	ADITI PATIL
	2–3 (MSK)	SPECIAL TEST SHD JT	DR ANURAG
	3–4PM	REV ROODS	DR CHITRA
	4--5 (CVRS)	REV 6 MIN WALK TT	DR RACHNA MESHAM
30/03/26	12:00 – 1:00 (Neuro)	REV ROODS	DR CHITRA
	2:00 – 3:00 (Neuro)	REV ROODS	DR CHITRA
	3:00 – 4:00 (MSK)	SPECIAL TEST SHD JT	DR ANURAG
	4:00 – 5:00 (CVRS)	REV 6 MIN WALK TT	DR RACHNA MESHAM
<b>31/03/26</b>	<b>MAHAVEER JAYANTI</b>		

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**MONTHLY LECTURE SCHEDULE MARCH 2026**

**3RD BPTH WINTER BATCH**

**Subject – FDPS**

<b>Date</b>	<b>Time</b>	<b>Topic</b>	<b>Staff</b>
02/03/26	12:00 – 1:00 (Neuro)	Neuro Basics	Dr. Chitra Mridha
	2:00 – 3:00 (Neuro)	Neuro Performa	Dr. Ashish Patil
	3:00 – 4:00 (MSK)	Special Test for Cervical Spine	Dr. Pawan G
<b>03/03/26</b>	<b>HOLI</b>		
04/03/26	4:00 – 5:00 (MSK)	Special Test for Cervical Spine	Dr. Pawan G
	4–5 (NEURO)	Neuro Performa	Dr. Ashish Patil
05/03/26	2:00 – 3:00 (CVRS)	Body composition	Dr. Amit Jaiswal
	4:00 – 5:00 (MSK)	Mobilization skills	Dr. Mukesh Shinde
06/03/26	12:00 – 1:00 (CVRS)	Body composition	Dr. RACHANA M
	4:00 – 5:00 (Neuro)	Cranial nerve examination	Dr. ashish patil
07/03/26	11:00 – 12:00 (CVRS)	Body composition	Dr. amit jaiswal
	2–3 (msk)	Msk performa	Dr divya patil
	3–4 (neuro)	Cranial nerve	Dr ashish patil
	4–5 (cvs)	Body composition	Dr. amit jaiswal
09/03/26	12:00 – 1:00 (Neuro)	Coordination and Balance	Dr. Chitra Mridha
	2:00 – 3:00 (Neuro)	VC Grading	Dr. Kalpana b
	3:00 – 4:00 (MSK)	Special Test for Cervical Spine	Dr. Pawan G
	4:00 – 5:00 (CVRS)	Body composition	Dr. . AMIT JAISWAL
10/03/26	4:00 – 5:00 (MSK)	Special Test for Cervical Spine	Dr. Pawan G
11/03/26	3:00 – 4:00 (MSK)	Special Test for Cervical Spine	Dr. Pawan G
	4:00 – 5:00 (Neuro)	Cranial nerve practical	Dr. ashish pati
12/03/26	2:00 – 3:00 (CVRS)	Respiratory Assessment	Dr. Aditi patil
	4:00 – 5:00 (MSK)	Trick Movements	Dr. Vinaya Borole
13/03/26	12:00 – 1:00 (CVRS)	Respiratory Assessment	Dr. Aditi patil
	4:00 – 5:00 (Neuro)	Sensory Assessment	Dr. Kalpana B
14/03/26	11:00 – 12:00 (CVRS)	Respiratory Assessment	Dr. Aditi patil
	2–3 pm	Trick Movements	Dr. Vinaya Borole

	3--4 (NEURO)	Sensory Assessment	Dr. Kalpana B
	4--5 (CVS)	Respiratory Assessment	Dr. Aditi patil
16/03/26	12:00 – 1:00 (Neuro)	Coordination and Balance	Dr. Chitra Mridha
	2:00 – 3:00 (Neuro)	VC Grading	Dr. Krutika kale
	3:00 – 4:00 (MSK)	Special tests for Elbow	Dr. Pavankumar G.
	4:00 – 5:00 (CVRS)	Respiratory Assessment (pract)	Dr. Aditi patil
17/03/26	4:00 – 5:00 (MSK)	Special tests for Elbow	Dr. Pavan chopde
18/03/26	3:00 – 4:00 (MSK)	Trick Movements	Dr. Vinaya Borole
	4:00 – 5:00 (Neuro)	Coordination	Dr. chitra mridha
<b>19/03/26</b>	<b>GUDI PADWA</b>		
20/03/26	12:00 – 1:00 (CVRS)	ABG	Dr. SUVARNA S
	4:00 – 5:00 (Neuro)	Coordination	Dr. chitra mridha
<b>21/03/26</b>	<b>RAMZAN EID</b>		
23/03/26	12:00 – 1:00 (Neuro)	Muscle Tone	Dr. Kalpana B
	2:00 – 3:00 (Neuro)	Muscle Tone	Dr. Kalpana B
	3:00 – 4:00 (MSK)	Soft Tissue Mobilizations	Dr. Anuraag
	4:00 – 5:00 (CVRS)	ABG	Dr. SUVARNA S
24/03/26	4:00 – 5:00 (MSK)	Soft Tissue Mobilizations	Dr. Anuraag
25/03/26	3:00 – 4:00 (MSK)	Mobilization Skills (Maitland)	Dr. Mukesh Shinde
	4:00 – 5:00 (Neuro)	Posture Deviations	Dr. Ashish Patil
<b>26/03/26</b>	<b>RAM NAVMI</b>		
27/03/26	12:00 – 1:00 (CVRS)	ABG	Dr. SUVARNA S
	4:00 – 5:00 (Neuro)	Posture Deviations	Dr. Ashish Patil
28/03/26	11:00 – 12:00 (CVRS)	Breathing Exercises	Dr. Rachana MESHRAM
	2–3 (MSK)	Msk performa	Dr divya patil
	3–4PM	Muscle Tone	Dr. Kalpana B
	4–5 (CVRS)	Breathing Exercises	Dr. Rachana MESHRAM
30/03/26	12:00 – 1:00 (Neuro)	Posture Deviations	Dr. Ashish Patil
	2:00 – 3:00 (Neuro)	Joint Mobility	Dr. Jidnyasa Attarde
	3:00 – 4:00 (MSK)	Soft Tissue Mobilizations	Dr. Anuraag
	4:00 – 5:00 (CVRS)	Breathing Exercises	Dr. Rachana MESHRAM
<b>31/03/26</b>	<b>MAHAVEER JAYANTI</b>		

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DEPARTMENT OF MUSCULOSKELETAL PHYSIOTHERAPY

MONTHLY LECTURE SCHEDULE FOR FINAL YEAR

**MARCH – 2026**

Sr. No	Dates	Lectures	Topics	Staff	Time
1.	02-03-2026	Practical	Orthosis	Dr Pradnya	11 – 12
2.	03-03-2026	Practical	CASE PRESENTATION	Msk Staff	04 – 05
3.	05-03-2026	Theory	Functional scales and interpretations upper limb	Dr Divya Patil	12 – 01
4.	06-03-2026	Theory	Femoral neck fracture	Dr Mukesh Shinde	11 – 12
5.	09-03-2026	Practical	Pt management femoral neck fracture	Dr Mukesh Shinde	11 – 12
6.	10-03-2026	Practical	CASE PRESENTATION	Msk Staff	04 – 05
7.	11-03-2026	Theory	Midfoot and forefoot fracture	Dr Priti Patil	03 – 04
8.	12-03-2026	Practical	Pt management of midfoot and forefoot fracture	Dr Priti Patil	12 – 01
9.	13-03-2026	Theory	Thoracolumbar spine fracture	Dr Aditya Khachane	11 – 12
10.	16-03-2026	Practical	PT management of thoracolumbar fracture	Dr Aditya Khachane	11 – 12
11.	17-03-2026	Practical	CASE PRESENTATION	Msk Staff	04 – 05
12.	18-03-2026	Theory	Functional scales and interpretations lower limb	Dr Divya Patil	03 – 04
13.	20-03-2026	Theory	Post incisional inflammation and infection.	Dr Pawan Chopade	11 – 12
14.	23-03-2026	Practical	PT management of Post incisional inflammation and infection.	Dr Pawan Chopade	11 – 12
15.	24-03-2026	Practical	CASE PRESENTATION	Msk Staff	04 – 05
16.	25-03-2026	Theory	Functional scales and interpretations spine	Dr Divya Patil	03 – 04
17.	26-03-2026	Theory	Spinal canal stenosis	Dr Vinaya Borole	12 – 01
18.	28-03-2026	Practical	Pt management of spinal canal stenosis	Dr Vinaya Borole	11 – 12
19.	30-03-2026	Practical	Pt management of spinal canal stenosis	Dr Vinaya Borole	11 – 12
20.	31-03-2026	Practical	CASE PRESENTATION	Msk Staff	04 - 05

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Department of neurosciences  
Monthly time table 4th bpth final yr  
March 2026 (summer batch)and winter batch

Date	Time	Topic	Staff Name
2/3/26	12—1pm	7 <sup>th</sup> Cranial Nerve	Dr Ashish Patil
3/3/26		Holi	
4/3/26	12—1PM	7 <sup>th</sup> Cranial Nerve	Dr Ashish Patil
	4—5 PM	Poliomyelitis	Dr Ashwinimalokar
5/3/26	11-12 pm	Poliomyelitis	Dr Ashwinimalokar
6/3/26	3—4 pm	Poliomyelitis	Dr Ashwinimalokar
7/263	3—4 PM	Case Presentation	Dr Chitra Mridha
9/3/26	12—1 pm	TBI	Dr Jidnyasa
10/3/26	11—12 pm	TBI	Dr Jidnyasa
11/3/26	12—1 pm	TBI	Dr Jidnyasa
	4—5 pm	Case Presentation	Dr Chitra Mridha
12/3/26	11--12 pm	TBI	Dr Jidnyasa
13/3/26	3--4pm	Psychosomatic Pain	Dr Ashwini Kalsait
14/3/26	3—4 pm	Case Presentation	Dr Krutika Kale
16/3/26	12—1 pm	Psychosomatic Pain	Dr Ashwini Kalsait
17/3/26	11—12 pm	Psychosomatic Pain	Dr Ashwini Kalsait
18/3/26	12--1 pm	Autonomic Dysreflexia	Dr Kalpan Deshmukh
	4—5 pm	Case Presentation	Dr Krutika Kale
19/3/26		<b>Gudi Padwa</b>	
20/3/26	3—4pm	Pediatric Extrapryamidal Ds	Dr Chitra Mridha
21/3/26		<b>Ramzan Id</b>	
23/3/26	12--1 pm	Pediatric Extrapryamidal Ds	Dr Chitra Mridha
24/3/26	11-12pm	Pediatric Extrapryamidal Ds	Dr Chitra Mridha
25/3/26	12--1 pm	Myopathies	Dr Ashwini Malokar
	4—5 pm	Case Presentation	Dr Ashwini Malokar
26/3/26		<b>Ram Navami</b>	
27/ 3/26	3—4 pm	Myopathies	Dr Ashwini Malokar
28/3/26	3—4pm	Case Presentation	Dr Chitra Mridha
30/3/26	12—1 pm	Myopathies	Dr Ashwini Malokar
31/3/26		<b>Mahavir Jayanti</b>	

  
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 Department of Cardiovascular and Respiratory Physiotherapy

Monthly Schedule for final year– March 2026

Sr. no.	Name of topic	Name of the Faculty	Date	Time
1.	PT management of neonatal pediatric conditions – ARDS	Dr. Suvarna Sapkale (PT)	02-03-26	3.00-4.00 pm
2.	PT management of neonatal pediatric conditions – pneumonitis	Dr. Suvarna Sapkale (PT)	04-03-26	2.00-3.00 pm
3.	PT management of neonatal pediatric conditions – childhood asthma	Dr. Suvarna Sapkale (PT)	05-03-26	3.00-4.00 pm
4.	PT management of neonatal pediatric conditions	Dr. Suvarna Sapkale (PT)	06-03-26	12.00-1.00 pm
5.	Cardiac Rehab – Introduction, Definition, Concept, Indications and Contraindications	Dr. Amit Jaiswal (PT)	09-03-26	3.00-4.00 pm
6.	Cardiac Rehab – Goals, Rationale, Phases	Dr. Amit Jaiswal (PT)	10-03-26	3.00-4.00 pm
7.	Cardiac Rehab – Phase I	Dr. Shweta Damle (PT)	11-03-26	2.00-3.00 pm
8.	Cardiac Rehab – Phase II	Dr. Shweta Damle (PT)	12-03-26	3.00-4.00 pm
9.	Cardiac Rehab – Phase III onwards	Dr. Shweta Damle (PT)	13-03-26	12.00-1.00 pm
10.	Cardiac Rehab - Exercise testing and Interpretation	Dr. Shweta Damle (PT)	16-03-26	3.00-4.00 pm
11.	Cardiac rehab after CABG, valve surgeries	Dr. Rachana Meshram (PT)	17-03-26	3.00-4.00 pm
12.	Cardiac rehab after Heart Failure	Dr. Aditi Patil (PT)	18-03-26	2.00-3.00 pm
13.	Common Outcome measures used in Patients with CVS diseases	Dr. Aditi Patil (PT)	20-03-26	12.00-1.00 pm
14.	PT management after Mastectomy	Dr. Amit Jaiswal (PT)	23-03-26	3.00-4.00 pm
15.	PT management after Mastectomy	Dr. Amit Jaiswal (PT)	24-03-26	3.00-4.00 pm
16.	PT management after Mastectomy	Dr. Amit Jaiswal (PT)	25-03-26	2.00-3.00 pm
17.	PT management after Lymphedema	Dr. Amit Jaiswal (PT)	27-03-26	12.00-1.00 pm
18.	Ergonomic advice in cases of Cardiovascular and Respiratory diseases	Dr. Renuka Sarap (PT)	30-03-26	3.00-4.00 pm
19.	Energy conservation techniques in cases of Cardiovascular and Respiratory diseases	Dr. Renuka Sarap (PT)	31-03-26	3.00-4.00 pm

  
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3 – Dhulivandan  
 19 – Gudhipadwa  
 26 – Ram Navami



  
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**Community Physiotherapy: Monthly teaching plan IV B.P.Th.- March 2026**

Sr. No.	Topic	Teaching Staff	Date	Day	Time
1	Health Promotion Strategies	Dr. Gayatri Kale	02/03/26	Mon	02:00-03:00 PM
—	<b>HOLIDAY – Holi</b>	—	03/03/26	Tue	—
2	Advise on labor positions	Dr. Puneet Sharma	04/03/26	Wed	11:00-12:00 PM
3	Industrial Health Hazards (Theory)	Dr. Monish Chanchlani	05/03/26	Thu	02:00-03:00 PM
4	Industrial Case Discussion	Dr. Manoj Suryawanshi	05/03/26	Thu	04:00-05:00 PM
5	Disaster Management Principles	Dr. Radhika Tirmale	06/03/26	Fri	02:00-03:00 PM
6	Women's Health – ANC Care	Dr. Ankita Mane	09/03/26	Mon	02:00-03:00 PM
7	Geriatric Balance & Fall Risk	Dr. Puneet Sharma	10/03/26	Tue	02:00-03:00 PM
8	Community Rehabilitation Concepts	Dr. Radhika Tirmale	11/03/26	Wed	11:00-12:00 PM
9	Sedentary table work – Dangers and errors	Dr. Manoj Suryawanshi	12/03/26	Thu	02:00-03:00 PM
10	Industrial Case Seminar	Dr. Monish Chanchlani	12/03/26	Thu	04:00-05:00 PM

11	Health Education Models	Dr. Gayatri Kale	13/03/26	Fri	02:00–03:00 PM
12	Advises on labour positions	Dr. Ankita Mane	16/03/26	Mon	02:00–03:00 PM
13	Geriatric Functional Evaluation	Dr. Puneet Sharma	17/03/26	Tue	02:00–03:00 PM
14	Disaster Preparedness in Community	Dr. Radhika Tirmale	18/03/26	Wed	11:00–12:00 PM
—	<b>HOLIDAY – Gudi Padwa</b>	—	19/03/26	Thu	—
15	Industrial Health Hazards (Theory)	Dr. Monish Chanchlani	20/03/26	Fri	02:00–03:00 PM
16	Health Promotion in Schools	Dr. Gayatri Kale	23/03/26	Mon	02:00–03:00 PM
17	Geriatric Exercise Prescription	Dr. Puneet Sharma	24/03/26	Tue	02:00–03:00 PM
18	Disaster Management	Dr. Radhika Tirmale	25/03/26	Wed	11:00–12:00 PM
—	<b>HOLIDAY – Ram Navami</b>	—	26/03/26	Thu	—
19	Industrial Injury Prevention	Dr. Manoj Suryawanshi	27/03/26	Fri	02:00–03:00 PM
20	Women's Health – Community Outreach	Dr. Ankita Mane	30/03/26	Mon	02:00–03:00 PM
—	<b>HOLIDAY – Mahavir Jayanti</b>	—	31/03/26	Tue	—

  
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Subject: Kinesiotherapy

I B.P.Th (2025-26) Monthly teaching plan for February

Sr No.	Date	Topic	Staff Name	Time
1	19/02/26	Classification of movements (Principles of movements)	Dr. Shruti Chaudhari	03:30-04:30
2	20/02/26	Joint Mobility Introduction (principles of techniques)	Dr. Pradnya	03:30-04:30
3	23/02/26	Classification of movements (Analyse and apply different movements)	Dr Shruti Chaudhari	02:30-04:30
4	26/02/26	Therapeutic Gymnasium (Identify the equipment's)	Dr. Lajari Dhande	03:30-04:30
5	27/02/26	Therapeutic Gymnasium (Identify the equipment's)	Dr. Lajari Dhande	03:30-04:30

  
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**MONTHLY ELECTROTHERAPY LECTURE SCHEDULE**  
**1st YEAR (BATCH 2025-26)**

**FEBRUARY 2026**

Sr.no	Date	Topic	Name of staff	Time
1.	3/02/26	Introduction and Principles underlying superficial thermal agents	Dr. Priti	9:30-10:30
2.	18/02/26	Physiological effects of superficial thermal agents	Dr. Priti	3:30-4:30
3.	19/02/26	Shiv Jayanti		
4.	24/02/26	Diagnostic Electrical Muscle Stimulator - panel diagram	Dr. Kalyani	9:30-10:30
5.	24/02/26	Hydro-collator hot packs- Introduction and types, Method of application of hot packs	Dr. Priti	2:30-3:30
6.	24/02/26	Hydro-collator hot packs- uses, merits and demerits, safety precautions	Dr. Priti	3:30-4:30
7.	25/02/26	Practical session- Method of application of hot packs	Dr. Priti	3:30-4:30
8.	26/02/26	Diagnostic Electrical Muscle Stimulator-testing of apparatus	Dr. Kalyani	2:30-3:30

**“10<sup>th</sup> FEB TO 17<sup>th</sup> FEB - PHYSIO FEST 2026”**

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1<sup>st</sup> YEAR (Winter 2026)

MONTHLY LECTURE SCHEDULE:-

**KINESIOLOGY AND MOVEMENT SCIENCE**

**February-2026**

Sr.No	Date	Topic	Name of staff	Time
1.	3/2/26	Viscoelasticity	Dr. Aditya K.	10:30-11:30
2.	18/2/26	Types of muscle work	Dr. Aditya K.	10:30-11:30
3.	20/2/26	Classification of joints	Dr. Ashish P	2:30-3:30
4.	23/2/26	Isokinetic exercises	Dr. Ashish P	2:30-3:30
5.	24/2/26	Basics of Joint biomechanics	Dr. Ashish P.	1:30-2:30
6.	25/2/26	Basics of Muscle biomechanics	Dr. Aditya K.	2:30-3:30
7.	27/2/26	Class – Test	Dr. Ashish P.	2:30-3:30

**10<sup>th</sup> February – 17<sup>th</sup> February 2026 – “PHYSIOFEST - 2026”**

  
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**Subject: Kinesiotherapy**  
**II B.P.Th. (Winter) Monthly teaching plan for FEBRUARY 2026**

Sr. No	Date	Topics	Teacher	Time
1.	24/2/26	Biophysical Principles	Dr. Aditya	2-3 PM
2.	24/2/26	Biophysical Principles	Dr. Aditya	3-4 PM
3.	25/2/26	Biophysical Properties of Connective Tissues	Dr. Aditya	3-4 PM
4.	27/2/26	Biophysical Properties of Connective Tissues	Dr. Aditya	2-3 PM
5.	27/2/26	Biophysical Properties of Non-Connective Tissues	Dr. Aditya	3-4 PM
6.	28/2/26	Biophysical Properties of Non-Connective Tissues	Dr. Aditya	11-12 PM

  
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Subject: Kinesiotherapy

II B.P.Th. (Summer) Monthly teaching plan for FEBRUARY 2026

Sr. No.	Date	Topics	Teacher	Time
1.	3/2/26	Traction Indications & Contraindications	Dr. Lajari	2-3 PM
2.	3/2/26	Traction Practical	Dr. Lajari	3-4 PM
3.	4/2/26	Traction Practical	Dr. Lajari	3-4 PM
4.	6/2/26	Traction Practical	Dr. Lajari	2-3 PM
5.	6/2/26	Traction Practical	Dr. Lajari	3-4 PM
6.	7/2/26	Traction Practical	Dr. Lajari	11-12 PM
7.	11/2/26 – 17/2/26	<b>CULTURAL EVENTS</b>		
8.	18/2/26	Manual Muscle Testing Theory	Dr. Divya	3-4 PM
9.	20/2/26	Manual Muscle Testing Theory	Dr. Divya	2-3 PM
10.	20/2/26	Manual Muscle Testing Theory	Dr. Divya	3-4 PM
11.	21/2/26	Manual Muscle Testing Principles	Dr. Divya	11-12 PM
12.	24/2/26	Trick Movements	Dr. Divya	2-3 PM
13.	24/2/26	MMT Upper Limb Practical	Dr. Divya	3-4 PM
14.	25/2/26	MMT Upper Limb Practical	Dr. Divya	3-4 PM
15.	27/2/26	MMT Upper Limb Practical	Dr. Divya	2-3 PM
16.	27/2/26	MMT Lower Limb Practical	Dr. Divya	3-4 PM
17.	28/2/26	MMT Lower Limb Practical	Dr. Divya	11-12 PM

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2<sup>ND</sup> YEAR (WINTER 2026)

MONTHLY ELECTROTHERAPY LECTURE SCHEDULE:-

February 2026

Sr.No	Date	Topic	Name of staff	Time
1.	23/02/26	Faradic current	Dr. Kalyani	02.00-04.00
2.	25/02/26	IRR	Dr. Anurag	02.00-03.00
3.	26/02/26	Faradic current application	Dr. Kalyani	02.00-04.00
4.	28/02/26	Galvanism	Dr. Anurag	10.00-11.00

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2<sup>ND</sup> YEAR (SUMMER 2026)

MONTHLY ELECTROTHERAPY LECTURE SCHEDULE:-

February 2026

Sr.No	Date	Topic	Name of staff	Time
1.	02/02/26	Diadynamic current	Dr. Anurag	02.00-04.00
2.	04/02/26	TENS	Dr. Anurag	02.00-03.00
3.	05/02/26	Diadynamic current	Dr. Anurag	02.00-04.00
4.	07/02/26	TENS Application	Dr. Anurag	10.00-11.00
	10/02/26 To 17/02/26	Physio-Fest 2026 ( Cultural )		
5.	18/02/26	Class test	Dr. Anurag	02.00-03.00
6.	21/02/26	Iontophoresis	Dr. Kalyani	10.00-11.00
7.	23/02/26	Iontophoresis	Dr. Kalyani	02.00-03.00
8.	25/02/26	Ultra sound	Dr. Preeti	02.00-04.00
9.	26/02/26	Drug used in Iontophoresis	Dr. Kalyani	02.00-04.00
10.	28/02/26	US application methods	Dr. Preeti	10.00-11.00

  
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**Subject: Kinesiology**  
**II B.P.Th. (Winter) Monthly teaching plan for FEB 2026**

Sr. No.	Subtopics	Teacher	Date	Time
1.	Joint Biomechanics (Revision)	Dr. Lajari	24/2/26	4-5
2.	Muscle Biomechanics (Revision)	Dr. Aditya	26/2/26	4-5
3.	Elbow joint-Anatomy and structure	Dr. Aditya	27/2/26	4-5
4.	Elbow joint-Kinetic	Dr. Aditya	28/2/26	12-1

*Shankar*

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*Abhinav*

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**Subject: Kinesiology**

**II B.P.Th. (Summer) Monthly teaching plan for FEB 2026**

Sr. No.	Subtopics	Teacher	Date	Time
1.	Wrist And Hand Complex	Dr. Ashish	3/2/26	4-5
2.	Wrist And Hand Complex	Dr. Ashish	5/2/26	4-5
3.	Wrist And Hand Complex	Dr. Ashish	6/2/26	4-5
4.	Wrist And Hand Complex	Dr. Ashish	7/2/26	12-1
5.	<b>SUNDAY</b>			
6.	<b>PHYSIO FEST (10/2/26- 17/2/26)</b>			
7.	<b>SHIVJAYANTI ( 19/2/26)</b>			
8.	Wrist And Hand Complex- Revision	Dr. Ashish	20/2/26	4-5
9.	Wrist And Hand Complex	Dr. Ashish	21/2/26	12-1
10.	<b>SUNDAY</b>			
11.	Temporo-mandibular Joint	Dr. Shruti	24/2/26	4-5
12.	Temporo-mandibular Joint	Dr. Shruti	26/2/26	4-5
13.	Temporo-mandibular Joint	Dr. Shruti	27/2/26	4-5
14.	Temporo-mandibular Joint	Dr. Shruti	28/2/26	12-1

*Shruti*  
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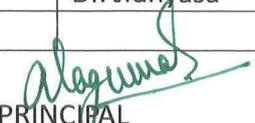
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MONTHLY LECTURE SCHEDULE FDPS FEBRUARY 2026

3RD BPTH <sup>SUMMER.</sup> WINTER BATCH 22—23

DATE	TIME	TOPIC	STAFF NAME
2/2/26	12—1 PM (Neuro)	PNF Shoulder joint	Dr. Chitra
	2—3 pm (Neuro)	Bobath practical	Dr. Ashish
	3—4 pm (msk)	MET	Dr. Divya Patil
	4---5 pm (cvs)	Chest X-Ray	Dr. Shweta D.
3/2/26	4—5 pm (msk)	MET	Dr. Divya Patil
4/2/26	3—4 pm (msk)	Mobilization	Dr. Mukesh
	4—5 pm (Neuro)	Reflexes	Dr. Jidnyasa
5/2/26	2—3pm (cvs)	Chest X-Ray	Dr. Shweta D.
	4—5 pm (msk)	Mobilization	Dr. Mukesh
6/2/26	12—1pm (cvs)	Chest x-ray	Dr. Shweta D.
	4—5 pm (Neuro)	Primitive Reflexes	Dr. Jidnyasa
7/2/26	SATURDAY		
9/2/26	12---1 pm (Neuro)	Brunnstorm Practical	Dr. Krutika mam
	2—3 pm (Neuro)	MRP	Dr. Jidnyasa mam
	3-4 pm (MSK)	MET	Dr. Divya
	4—5 PM (CVS)	PFT theory	Dr. Amit J
10/2/26 – 18/2/26	College	Gathering	-----
19/2/26	Shivaji Jayanti	-----	-----
20/2/26	12-1 pm (CVS)	PFT	Dr. Amit
	4-5 pm (Neuro)	PNF Trunk	Dr. Chitra
23/2/26	12---1 pm (Neuro)	PNF Trunk	Dr. Chitra
	2—3 pm (Neuro)	Bobath	Dr. Ashish
	3--4 pm (MSK)	Cyriax	Dr. Riya
	4—5PM (CVS)	PFT practical	Dr. Amit
24/2/26	4-5 pm (MSK)	Cyriax	Dr. Riya
25/2/26	3-4 pm (MSK)	Cervical Special Test	Dr. Pawan
	4-5 pm (Neuro)	Bobath practical	Dr. Ashish
26/2/26	2—3pm (cvs)	ABG revision	Dr. Shweta D.
	4—5 pm (msk)	Shoulder Special Test	Dr. Anuraag
27/2/26	12-1 pm (CVS)	ABG revision	Dr. Shweta D.
	4-5 pm (Neuro)	MRP	Dr. Jidnyasa
28/2/26	Saturday		

  
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 DEPARTMENT OF MUSCULOSKELETAL PHYSIOTHERAPY

MONTHLY LECTURE SCHEDULE FOR FINAL YEAR

**FEBRUARY – 2026**

Sr. No	Dates	Lectures	Topics	Staff	Time
1.	02-02-26	Theory	Musculoskeletal Complications In Cerebral Palsy	Dr Pradnya Mahajan	11-12
2.	03-02-26	Theory	Musculoskeletal Complications In Poliomyelitis	Dr Pradnya Mahajan	12-1
3.	04-02-26	Theory	Intertrochanteric Fractures	Dr Pawan Kumar	3-4
4.	05-02-26	Practical	Pt Management Of Intertrochanteric Fractures	Dr Pawan Kumar	12-1
5.	06-02-26	Theory	Deformities Of Foot	Dr Divya Patil	11-12
6.	09-02-26	Practical	Management Of Deformities Of Foot	Dr Divya Patil	11-12
7.	10-02-26	Theory	Post Incisional Inflammation and Infection.	Dr Priti Patil	21-1
8.	18-02-26	Theory	Compartmental Syndrome	Dr Priti Patil	3 - 4
9.	19-02-26	Practical	Pt Management Of Compartmental Syndrome	Dr Priti Patil	12 - 1
10.	20-02-26	Theory	Ankle Fractures	Dr Mukesh shinde	11-12
11.	23-02-26	Practical	Pt Management Of Ankle Fracture	Dr Mukesh shinde	11 - 12
12.	24-02-26	Theory	DDH	Dr Vinaya borole	12 – 1
13.	25-02-26	Practical	Pt Management Of DDH	Dr Vinaya borole	3- 4
14.	26-02-26	Theory	Patellar Fractures And Tibial Plateau Fractures	Dr Aditya Khachane	12 – 1
15.	27-02-26	Practical	Pt Management Of Patellar Fractures And Tibial Plateau Fractures	Dr Aditya Khachane	11 – 12

  
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Department of neurosciences  
Monthly time table 4th bpth final yr  
FEBRUARY 2026 (summer) new  
SUBJECT-Neuro physiotherapy

Date	Time	Topic	Staff Name
2/2/26	12—1pm	Brunstrom Practical Rev	Dr Krutika K
3/2/26	11—12pm	Hydrocephalus	Dr Jidnyasa A
4/2/26	12—1 pm	Stroke	Dr Chitra M
	4--5	Case Presentation	Dr Chitra M
5/2/26	11 --12pm	Stroke	Dr Chitra M
6/2/26	3—4pm	Bobath Pract Rev	Dr Ashish P
7/2/26	3--4	Seminar	
9/2/26	12—1 pm	Revision	Dr Krutika K
10/2/26 – 18/2/26		Gathering	
19/2/26		Shivaji jayanti	
20/2/26	3—4 pm	Neuro Performa	Dr Ashish P
21/2/26	3—4	Case Presentation	Dr Ashish P
23/2/26	12--1 pm	Revision Lect	Dr Krutika K
24/2/26	11—12 pm	ANS	Dr Jidnyasa A
25/2/26	12—1 pm	Hemi Shoulder & M/'M	Dr Chitra M
	4--5	Assessment Revision	Dr Ashish Patil
26/2/26	11--12 pm	Hemi Shoulder & M/'M	Dr Chitra M
27/2/26	3--4pm	Viith Cranial Nerve	Dr Ashish P
28/2/26	3—4	Assessment Revision	Dr Ashish Patil

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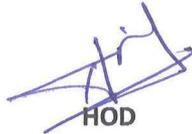
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**Department of Cardiovascular and Respiratory Physiotherapy**

Monthly Schedule for final year– February 2026

Sr. no.	Name of topic	Name of the Faculty	Date	Time
1.	PT management of Amputation	Dr. Suvarna Sapkale (PT)	02-02-26	3.00-4.00 pm
2.	PT management of Amputation	Dr. Suvarna Sapkale (PT)	03-02-26	3.00-4.00 pm
3.	PT management of Amputation	Dr. Suvarna Sapkale (PT)	04-02-26	2.00-3.00 pm
4.	PT management of Burns	Dr. Shweta Damle (PT)	05-02-26	3.00-4.00 pm
5.	PT management of Burns	Dr. Shweta Damle (PT)	06-02-26	12.00-1.00 pm
6.	PT management of Burns	Dr. Shweta Damle (PT)	09-02-26	3.00-4.00 pm
7.	PT Management after traumatic chest Injury	Dr. Aditi Patil (PT)	10-02-26	3.00-4.00 pm
8.	PT Management after traumatic chest Injury	Dr. Aditi Patil (PT)	18-02-26	2.00-3.00 pm
9.	PT management of flail chest	Dr. Renuka Sarap (PT)	19-02-26	3.00-4.00 pm
10.	PT management of flail chest	Dr. Renuka Sarap (PT)	20-02-26	12.00-1.00 pm
11.	Seminar on Diabetes Mellitus	Dr. Amit Jaiswal (PT)	23-02-26	3.00-4.00 pm
12.	Exercise Prescription for Diabetes Mellitus	Dr. Amit Jaiswal (PT)	24-02-26	3.00-4.00 pm
13.	Exercise Prescription for Diabetes Mellitus	Dr. Amit Jaiswal (PT)	25-02-26	2.00-3.00 pm
14.	Electrotherapeutic Modalities for pain, swelling and wound healing	Dr. Rachana Meshram (PT)	26-02-26	3.00-4.00 pm
15.	Electrotherapeutic Modalities for pain, swelling and wound healing	Dr. Rachana Meshram (PT)	27-02-26	12.00-1.00 pm

  
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principal@dupcop.ac.in www.dupcop.ac.in 9689400594, 9822735329

**Community Physiotherapy: Monthly teaching plan IV B.P.Th.- February 2026**

Sr. No.	Topic	Teaching Staff	Date	Day	Time
1	Theories of ageing	Dr. Puneet Sharma	02/02/2026	Monday	02:00– 03:00 PM
2	Women's health issues in community	Dr. Ankita Mane	03/02/2026	Tuesday	02:00– 03:00 PM
3	Respiratory Changes takes place in aging	Dr. Gayatri Kale	04/02/2026	Wednesday	11:00 AM– 12:00 PM
4	Traditional Model of Industrial Therapy	Dr. Monish Chanchlani	05/02/2026	Thursday	02:00– 03:00 PM
5	Case discussion: Industrial injury	Dr. Radhika Tirmale	05/02/2026	Thursday	04:00– 05:00 PM
6	Antenatal Introduction	Dr. Manoj Suryawanshi	06/02/2026	Friday	02:00– 03:00 PM
7	Normal physiology of aging	Dr. Radhika Tirmale	09/02/2026	Monday	02:00– 03:00 PM
8	Physiotherapy during menopause	Dr. Gayatri Kale	18/02/2026	Wednesday	11:00 AM– 12:00 PM
9	Environmental & home assessment in geriatrics	Dr. Ankita Mane	19/02/2026	Thursday	02:00– 03:00 PM
10	Industrial Model Industrial Therapy	Dr. Monish Chanchlani	19/02/2026	Thursday	04:00– 05:00 PM

11	Sedentary table work	Dr. Manoj Suryawanshi	20/02/2026	Friday	02:00– 03:00 PM
12	Advise on labour positions	Dr. Puneet Sharma	23/02/2026	Monday	02:00– 03:00 PM
13	Normal physiology of aging	Dr. Ankita Mane	24/02/2026	Tuesday	02:00– 03:00 PM
14	Antenatal physiotherapy care	Dr. Gayatri Kale	25/02/2026	Wednesday	11:00 AM– 12:00 PM
15	Disaster management: role of physiotherapist	Dr. Monish Chanchlani	26/02/2026	Thursday	02:00– 03:00 PM
16	Industrial rehabilitation	Dr. Radhika Tirmale	26/02/2026	Thursday	04:00– 05:00 PM
17	Sedentary table work – Dangers and errors	Dr. Manoj Suryawanshi	27/02/2026	Friday	02:00– 03:00 PM

  
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**Dr. ULHAS PATIL COLLEGE OF PHYSIOTHERAPY, JALGAON**

**CLINICAL CASE PRESENTATION (MPT 2024-25)**

<b>DATE</b>	<b>NAME OF STUDENT</b>
24/02/26	Dr. Rutuja Shardul & Dr. Sakshi Bhamare
27/02/26	Dr. Mehvish Sheikh & Umair Muqri
4/03/26	Dr. Rashmi Choube & Dr Priyanka Bhill
6/03/26	Dr. Ankita Shirsath & Dr. Aastha Patel
10/03/26	Dr. Ayushi Patel & Prajwal Bhivgade
13/03/26	Dr. Ashwini Sonawane & Dr Swati Gupta
17/03/26	Dr. Vaishnavi Kapade & Neha Rane
19/03/26	Dr. Pooja Gurudasani & Sudesh Waydande
24/03/26	Dr. Uma Mutta & Dr Sakshi Jadhav
27/03/26	Dr. Vaishnavi Tikar & Rutuja Shardul
31/03/26	Dr. Sakshi Darda & Ojasvi Janbandhu
7/04/26	Dr Dipika Thakare & Ashlesha Manka



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**SEMINAR PRESENTATION (1<sup>ST</sup> MPT 2025-26)**

<b>Sr. No</b>	<b>DATE</b>	<b>NAME OF STUDENT</b>	<b>Topic</b>	<b>GUIDE</b>
1.	23/02/26	Dr. Vaishnavi Kadam	Principles of pathological investigations and imaging techniques related to neuromuscular-skeletal disorders with interpretation	Dr. Anurag Mehta
2.	26/02/26	Dr. Vishal Dhurve	Principles of pathological investigations and imaging techniques related to cardiopulmonary disorders with interpretation.	Dr. Amit Jaiswal
3.	28/02/26	Dr. Ashlesha Gajare	Developmental screening, motor learning –motor control assessment	Dr. Chitra Mridha
4.	02/03/26	Dr. Sakshi Bardiya	Anthropometric measurements.	Dr. Punnet Sharma
5.	05/03/26	Dr. Sadiqua Khan	Physical fitness assessment - Body composition, Flexibility, Muscle strength, endurance, Cardio-respiratory endurance. Skills, Testing of agility- balance, co-ordination. Evaluation of health related fitness and performance based measurements.	Dr. Pradnya Shinde
6.	09/03/26	Dr. Manjiri Desai	Aids and appliances, adaptive functional devices to improve movement dysfunction of UL	Dr. Radhika Tirmale
7.	12/03/26	Dr. Atharva Dashpute	Aids and appliances, adaptive functional devices to improve movement dysfunction of LL	Dr. Nancy Patel
8.	16/03/26	Dr. Hitanshi Shinde	Aids and appliances, adaptive functional devices to improve movement dysfunction of Spine	Dr. Viral Sarvaiya
9.	18/03/26	Dr. Pranshki Kambale	Physical disability evaluation and disability diagnosis.	Dr. Monish Chanchalani

10.	20/03/26	Dr. Saloni Keer	Evaluation of Posture abnormalities with reasoning	Dr. Priti Patil
11.	23/03/26	Dr. Sakshi Tiwari	Evaluation of Gait abnormalities with reasoning	Dr. Aditya Khachane
12.	26/03/26	Dr. Purva Tiwari	Pain (assessment, modulation and management of pain)	Dr. Surbhi Hindocha
13.	30/03/26	Dr. Priya Patond	Maitland Mobilization principles & techniques for UL	Dr. Mukesh Shinde
14.	01/04/26	Dr. Ashlesha Gajare	NDT principles & techniques	Dr. Kalapana Deshmukh
15.	06/04/26	Dr. Supriya Patil	MRP UL	Dr. Shruti Chaudh
16.	09/04/26	Dr. Tanvi Patil	MRP LL & Spine	Dr. Darshana Chaudhary
17.	13/04/26	Dr. Diba Shaikh	Positioning	Dr. Rachana Ramteke
18.	16/04/26	Dr. Utkarsh Bhole	Airway Clearance Therapy	Dr. Kushal Shah
19.	21/04/26	Dr. Pratik Lahamage	Lung Expansion Therapy	Dr. Vikash Saini
20.	23/04/26	Dr. Sanika Waghmode	Bobath Approach Principles & techniques for UL	Dr. Krutika Kale
21.	27/04/26	Dr. Mugdha Thengrey	Bobath Approach Principles & techniques for LL	Dr. Ashwini Malokar
22.	30/04/26	Dr. Tahseen Shaikh	Humidification	Dr. Ashwini Kalsait
23.	02/05/26	Dr. Vaishnavi Shelar	Oxygen Therapy	Dr. Renuka Sarap

**Note :**

1. After allotment of topics student must contact & keep follow up regarding topic presentation guidance with guide
2. PPT presentation must be ready before 2-3 days & had to show guide with necessary changes.



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Godavari Foundation

Dr. ULHAS PATIL COLLEGE OF PHYSIOTHERAPY, JALGAON

Subject: Kinesiotherapy

I B.P.Th (2025-26) Monthly teaching plan for January

Sr No.	Date	Topic	Staff Name	Time
1	01/01/25	Joint Mobility Introduction (Identify and describe the causes of joint mobility)	Dr. Pradnya	03:30-04:30
2	02/01/25	Joint Mobility Introduction (Identify and describe the causes of limitation of joint mobility)	Dr. Pradnya	03:30-04:30
3	05/01/25	Classification of movements (Describe classification of movements)	Dr Shruti Chaudhari	02:30-04:30
4	08/01/25	Therapeutic Gymnasium (Differentiate between types of equipment's)	Dr. Lajari Dhande	03:30-04:30
5	09/01/25	Therapeutic Gymnasium (Differentiate between types of equipment's)	Dr. Lajari Dhande	03:30-04:30
6	12/01/25	Joint Mobility Introduction (Identify and describe the causes of limitation of joint mobility)	Dr. Pradnya	02:30-04:30
7	15/01/25	Classification of movements (Describe classification of movements)	Dr Shruti Chaudhari	03:30-04:30
8	16/01/25	Therapeutic Gymnasium (Differentiate between types of equipment's)	Dr Lajari Dhande	03:30-04:30
9	19/01/25	Therapeutic Gymnasium (Identify equipments)	Dr Lajari Dhande	02:30-04:30
10	22/01/25	Joint Mobility Introduction (Indication and contraindication)	Dr. Pradnya	03:30-04:30
11	23/01/25	Joint Mobility Introduction (Indication and contraindication)	Dr. Pradnya	03:30-04:30
12	29/01/25	Classification of movements (Describe classification of movements)	Dr Shruti Chaudhari	03:30-04:30
13	30/01/25	Classification of movements (Principles of Movements)	Dr Shruti Chaudhari	03:30-04:30

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**Dr. ULHAS PATIL COLLEGE OF PHYSIOTHERAPY, JALGAON**

1st YEAR (Batch 2025-26)

**MONTHLY ELECTROTHERAPY LECTURE SCHEDULE**

**JANUARY 2025**

<b>Sr.no</b>	<b>Date</b>	<b>Topic</b>	<b>Name of staff</b>	<b>Time</b>
1.	1/01/26	Lab visit	Dr. Priti	2:30-3:30
2.	6/01/26	Shock	Dr. Pawan	9:30-10:30
3.	6/01/26	Types of shock, Electric shock, Earth shock	Dr. Pawan	2:30-3:30
4.	6/01/26	Types of shock, Electric shock, Earth shock	Dr. Pawan	3:30-4:30
5.	7/01/26	Pain physiology	Dr. Darshana	3:30-4:30
6.	8/01/26	Pain pathways	Dr. Darshana	2:30-3:30
7.	13/01/26	Revision of pain pathways	Dr. Darshana	9:30-10:30
8.	13/01/26	Pain gate theory	Dr. Darshana	2:30-3:30
9.	13/01/26	Pain gate theory	Dr. Darshana	3:30-4:30
10.	14/01/26	Descending pain system	Dr. Darshana	3:30-4:30
11.	15/01/26	Methods of pain modulation	Dr. Darshana	2:30-3:30
12.	20/01/26	Cellular biophysics	Dr. Kalyani	9:30-10:30
13.	20/01/26	Action potential, Potential difference, Resting membrane potential	Dr. Kalyani	2:30-3:30
14.	20/01/26	Transmission of heat - Test	Dr. Pawan	3:30-4:30
15.	21/01/26	Electrical activity of a nerve	Dr. Kalyani	3:30-4:30
16.	22/01/26	Conduction of electrical impulses, Saltatory conduction	Dr. Kalyani	2:30-3:30
17.	27/01/26	Class test on Pain	Dr. Darshana	9:30-10:30

18.	27/01/26	Reception of EMF, Emission of EMF, Effects of EMF on cells	Dr. Priti	2:30-3:30
19.	27/01/26	Reception of EMF, Emission of EMF, Effects of EMF on cells	Dr. Priti	3:30-4:30
20.	28/01/26	Electromagnetic fields and their effects	Dr. Priti	3:30-4:30
21.	29/01/26	Lab visit	Dr. Pawan	2:30-3:30

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1<sup>st</sup> YEAR (Winter 2025)

MONTHLY LECTURE SCHEDULE:-

**KINESIOLOGY AND MOVEMENT SCIENCE**

**January-2026**

Sr.No	Date	Topic	Name of staff	Time
1.	2/1/26	Concept of Axes and Planes	Dr. Shruti C.	02:30-03:30
2.	5/1/26	Revision class	Dr. Ashish P	01:30-02:30
3.	6/1/26	Classification of synovial joints	Dr. Krutika K.	10:30-11:30
4.	7/1/26	Triaxial joints and Kinematics of joints	Dr. Krutika K.	02:30-03:30
5.	9/1/26	Kinetics of joints	Dr. Lajari D.	02:30-03:30
6.	12/1/26	Concept of Osteokinematics	Dr. Lajari D.	01:30-02:30
7.	13/1/26	Concept of Arthrokinematics	Dr. Lajari D.	10:30-11:30
8.	14/1/26	Types of muscle contractions	Dr. Aditya K.	02:30-03:30
9.	16/1/26	Types of muscle contractions	Dr. Aditya K.	02:30-03:30
10.	19/1/26	Types of muscle contractions	Dr. Aditya K.	01:30-02:30
11.	20/1/26	Revision class	Dr. Shruti C.	10:30-11:30
13.	23/1/26	Class Test	Dr. Ashish P.	02:30-03:30
15.	27/1/26	Concave –convex rule	Dr. Lajari D.	10:30-11:30

  
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Subject: Kinesiotherapy

II B.P.Th. (Summer) Monthly teaching plan for JANUARY 2026

Sr. No.	Date	Topics	Teacher	Time
1.	2/1/26	Walking Aids Practical	Dr. Pawan	2-3 PM
2.	2/1/26	Walking Aids Practical	Dr. Pawan	3-4 PM
3.	3/1/26	Walking Aids Practical	Dr. Pawan	11-12 PM
4.	6/1/26	Postural Drainage	Dr. Suvarna	2-3 PM
5.	6/1/26	Postural Drainage Principles	Dr. Suvarna	3-4 PM
6.	7/1/26	Walking Aids Practical	Dr. Pawan	3-4 PM
7.	9/1/26	Postural Drainage Indications & Contraindications	Dr. Suvarna	2-3 PM
8.	9/1/26	Postural Drainage Practical	Dr. Suvarna	3-4 PM
9.	10/1/26	Posture	Dr. Aditya	11-12 PM
10.	13/1/26	Posture	Dr. Aditya	2-3 PM
11.	13/1/26	Posture patterns	Dr. Aditya	3-4 PM
12.	16/1/26	Factors affecting posture	Dr. Aditya	2-3 PM
13.	16/1/26	Physiological deviations of Posture	Dr. Aditya	3-4 PM
14.	17/1/26	Postural Drainage Practical	Dr. Suvarna	11-12 PM
15.	20/1/26	Postural Drainage Practical	Dr. Suvarna	2-3 PM
16.	20/1/26	Postural Drainage Practical	Dr. Suvarna	3-4 PM
17.	21/1/26	Postural Drainage Practical	Dr. Suvarna	3-4 PM
18.	23/1/26	Postural Drainage Practical	Dr. Suvarna	2-3 PM
19.	23/1/26	Postural Drainage Practical	Dr. Suvarna	3-4 PM
20.	24/1/26	Posture Practical	Dr. Aditya	11-12 PM
21.	27/1/26	Posture Practical	Dr. Aditya	2-3 PM
22.	27/1/26	Posture Practical	Dr. Aditya	3-4 PM
23.	28/1/26	Posture Practical	Dr. Aditya	3-4 PM
24.	30/1/26	Posture Practical	Dr. Aditya	2-3 PM
25.	30/1/26	Traction	Dr. Lajari	3-4 PM
26.	31/1/26	Types of Traction	Dr. Lajari	11-12 PM

  
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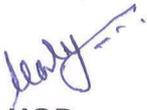
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2<sup>ND</sup> YEAR (Summer 2026)

MONTHLY ELECTROTHERAPY LECTURE SCHEDULE:-

January-2026

Sr.No	Date	Topic	Name of staff	Time
1.	01/01/26	SD curve plotting	Dr. Anurag	02.00-04.00
2.	03/01/26	Russian Current	Dr.Kalyani	10.00-11.00
3.	05/01/26	IFT	Dr.Darshana	02.00-04.00
4.	07/01/26	SD curve plotting	Dr.Kalyani	03.00-04.00
5.	08/01/26	Russian current Application	Dr. Anurag	02.00-04.00
6.	12/01/26	IFT Application	Dr. Darshana	02.00-04.00
7.	14/01/26	SWD	Dr. Preeti	02.00-03.00
8.	15/01/26	IFT Application	Dr.Darshana	02.00-04.00
9.	19/01/26	SD curve plotting	Dr.Kalyani	02.00-04.00
10.	21/01/26	IFT Application methods	Dr.Darshana	02.00-03.00
11.	22/01/26	SWD Application	Dr.Preeti	02.00-04.00
12.	28/01/26	Russian current Application	Dr. Anurag	02.00-03.00
13.	29/01/26	SWD Application	Dr.Preeti	0200-04.00
14.	31/01/26	Revision class current	Dr. Anurag	10.00-11.00

  
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# DR. ULHAS PATIL COLLEGE OF PHYSIOTHERAPY, JALGAON

## Subject: Kinesiology

### II B.P.Th. (Summer) Monthly teaching plan for JAN 2026

Sr. No.	Subtopics	Teacher	Date	Time
1.	Elbow joint- Kinematics	Dr. Aditya	1/1/26	4-5
2.	Knee Complex-Anatomy and Structure	Dr. Mukesh	2/1/26	4-5
3.	Knee Complex-Biomechanics of patellofemoral joint	Dr. Mukesh	3/1/26	12-1
4.	<b>SUNDAY</b>			
5.	Knee Complex-Biomechanics of Tibiofemoral joint	Dr. Mukesh	6/1/26	4-5
6.	Knee Complex-Kinetics	Dr. Mukesh	8/1/26	4-5
7.	Knee Complex-Kinematics	Dr. Mukesh	9/1/26	4-5
8.	Knee Complex- Kinematics	Dr. Mukesh	10/1/26	12-1
9.	<b>SUNDAY</b>			
10.	Kinetics and kinematics of various activities of daily living-Introduction	Dr. Jidnyasa	13/1/26	4-5
11.	Kinetics and kinematics of various activities of daily living-Supine to sitting And Sitting to Standing	Dr. Jidnyasa	15/1/26	4-5
12.	Kinetics and kinematics of various activities of daily living-Squatting, climbing up and down	Dr. Jidnyasa	16/1/26	4-5
13.	Kinetics and kinematics of various activities of daily living- Lifting and pulling	Dr. Jidnyasa	17/1/26	12-1
14.	<b>SUNDAY</b>			
15.	Kinetics and kinematics of various activities of daily living- Lifting and pulling	Dr. Jidnyasa	20/1/26	4-5
16.	Kinetics and kinematics of various activities of daily living-Pushing	Dr. Jidnyasa	22/1/26	4-5
17.	Kinetics and kinematics of various activities of daily living- Overhead activities	Dr. Jidnyasa	23/1/26	4-5
18.	Kinetics and kinematics of various activities of daily living- Running	Dr. Jidnyasa	24/1/26	12-1
19.	<b>SUNDAY</b>			
20.	Kinetics and kinematics of various activities of daily living- Jogging	Dr. Jidnyasa	27/1/26	4-5
21.	Kinetics and kinematics of various activities of daily living- Revision	Dr. Jidnyasa	29/1/26	4-5
22.	Kinetics and kinematics of various activities of daily living -Revision	Dr. Jidnyasa	30/1/26	4-5
23.	Kinetics and kinematics of various activities of daily living -Revision	Dr. Jidnyasa	31/1/26	12-1

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**MONTHLY LECTURE SCHEDULE FDPS JANUARY 2026 3RD BPTH WINTER BATCH 22—23**  
SUMMER

DATE	TIME	TOPIC	STAFF
1/1/26	2—3PM THU	RISK STRATIFICATION	DR AMIT JAISWAL
	4—5 PM	GAIT DEVIATION	DR ANURAG
2/1/26	12—1 PM	PRINCIPLE AND COMPONENTS OF EXS	DR AMIT
	3—4 PM	BRUNSTROME PRACTICLE	DR KRUTIKA
3/1/26	11-12PM	<del>PFT</del>	<del>DR AMIT</del>
5/1/26	12—1 PM(MON)	PNF	DR CHITRA
	4—5 PM	PVD	DR SHWETA D
6/1/26	4—5 PM	MOBILISATION	DR MUKESH
7/1/26	3—4PM	MOBILIZATION	DR MUKESH
	4—5 PM	BRUNNSTROM PRACT	DR KRUTIKA
8/1/26	2—3 PM	PFT	DR AMIT
	4—5 PM	MOBILIZATION	DR MUKESH
9/1/26	12—1PM	PVD	DR SHWETA D
	4—5 PM	BRUNSTROM PRACT	DR KRUTIKA
10/1/26	11—12	PVD	DR SHWETA D
12 /1/26	12—1 PM	PNF PRACT	DR CHITRA
	2—3 PM	BOBATH PRACT	DR ASHISH
	3—4 PM	SPECIAL TEST ANKLE JT	DR PAWAN SIR
13/1/26	4—5 PM	CASE DISCUSSION	DR KRUTIKA
14/1/26	MAKAR	SANKRANTI	----
15/1/26	2—3 PM	PHYSIO OF RESP SYSTEM	DR AMIT J
	4—5 PM	MOBILISATION PRACT	DR MUKESH S
16/1/26	12—1 pm	ABG	Dr SWETA D
	4—5PM	SCALES	DR ASHISH
17/1/26	11—12PM	PNF PRACTICAL	DR CHITRA MRIDHA
19/1/26	12—1PM	Bobath pract	DR ASHISH P
	3—4 PM	Special test LI.I	DR PAWAN
	4-5PM	PFT	DR AMIT J
20/1/26	4—5PM	Special test LI.I	DR PAWAN
21/1/26	3—4PM	MOBILIZATION	DR MUKESH
	4—5PM	JT PLAY ASSESSMENT	DR VINAYA BOROLE
22/1/26	2—3PM	PFT	DR AMIT J
	4—5 PM	MOBILIZATION	DR MUKESH
23/1/26	12—1PM	PFT PRACTICAL	DR AMIT J
	4—5 PM	PRIMITIVE REFLEXES	DR JIDNAYSA
24/1/26	11—12PM	PFT PRACTICAL	DR AMIT J
27/1/26	4—5 PM	JT PLAY ASSESSMENT	DR VINAYA BOROLE
28/1/26	3—4 PM	JT PLAY ASSESSMENT	DR VINAYA BOROLE
	4-5 PM	PRIMITIVE REFLEXES	DR JIDNAYSA

29/1/26	2----3PM	SP TEST PERIPHERAL ART DS	DR ADITI P
	4—5 PM	MOBILIZATION	DR MUKESH
30/1/26	12—1PM	SP TEST PERIPHERAL ART DS	DR ADITI P
	4—5 PM	MRP	DR KALPANA
31/1/26	11—12PM	SP TEST PERIPHERAL VENOUS DS	DR ADITI P

  
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DEPARTMENT OF MUSCULOSKELETAL PHYSIOTHERAPY

MONTHLY LECTURE SCHEDULE FOR FINAL YEAR

**JANUARY – 2026**

Sr. No	Dates	Lectures	Topics	Staff	Time
1.	01-01-26	Theory	Total hip replacement	Dr pawan kumar	12-1
2.	02-01-26	Practical	PT management of THR	Dr pawan kumar	11-12
3.	05-01-26	Practical	PT management of THR	Dr pawan kumar	11-12
4.	06-01-26	Theory	Arthritis (gout/spetic)	Dr Vinaya borole	12-1
5.	07-01-26	Practical	PT management of arthritis	Dr Vinaya borole	3-4
6.	08-01-26	Theory	Tibia and fibula fracture	Dr Aditya khachane	12-1
7.	09-01-26	Practical	PT management of tibia and fibula fracture	Dr Aditya khachane	11-12
8.	12-01-26	Theory	Ligament injuries (Lower limb)	Dr Anurag mehta	11-12
9.	13-01-26	Practical	PT management of ligament injuries	Dr Anurag mehta	12-1
10.	14-01-26	Practical	PT management of ligament injuries	Dr Anurag mehta	3-4
11.	15-01-26	Theory	Rheumatoid arthritis	Dr divya patil	12-1
12.	16-01-26	Practical	PT management of rheumatoid arthritis	Dr divya patil	11-12
13.	19-01-26	Theory	Orthosis and prosthesis	Dr pradnya mahajan	11-12
14.	20-01-26	Theory	Complication and management inclusive of prosthesis prescription	Dr pradnya Mahajan	12-1
15.	21-01-26	Practical	Case presentation	MSK staff	3-4
16.	22-01-26	Practical	Prosthesis training	Dr pradnya Mahajan	12-1
17.	23-01-26	Practical	Prosthesis training	Dr pradnya Mahajan	11-12
18.	27-01-26	Theory	Congenital deformities	Dr priti patil	12-1
19.	28-01-26	Theory	Congenital deformities	Dr pradnya Mahajan	3-4
20.	29-01-26	Theory	Cellulites and its complication	Dr pawan chopade	12-1
21.	30-01-26	Theory	Myositis ossification	Dr pawan chopade	11-12

  
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**DEPARTMENT OF NEUROSCIENCES**  
**MONTHLY TIME TABLE 4TH BPTH FINAL YR**  
**JANUARY 2026(summer) new**  
**SUBJECT -- NEUROPHYSIOTHERAPY**

Date	Time	Topic	Staff
1/1/26 thu	11--12	Stroke	Dr Chitra
2/1/26fri	3--4 pm	SMA	Dr Ashish Patil
3/1/26	3--4 pm	Case Presentation	Dr Ashwini Malokar
5/1/26mon	12---1 pm	Parkinsons	Dr Krutika
6/1/26 tue	11-12	Vestibular Disorder	Dr Krutika Kale
7/1/26wed	12 --1pm	Stroke	Dr Chitra M
	4--5	Case Presentation	Dr Krutika Kale
8/1/26thu	11--12pm	Stroke	Dr Chitra M
9/1/26fri	3--4 p m	SMA	Dr Ashish Patil
10/1/26	3--4	Case Presentation	Dr Chitra Mridha
12/1/26mon	12--1 pm	Vestibular Disorder ( Pract )	Dr Krutika Kale
13/1/26tue	11-12	Spina Bifida	Dr Jidnyasa A
14/1/26wed	Makkar	Sankranti	
15/1/26thu	11--12 pm	Stroke	Dr Chitra M
16/1/26fri	3 --4pm	Vestibular Disorder	Dr Krutika Kale
17/1/26	3--4	Case Presentation	Dr Ashish Patil
19/1/26mon	12--1pm	Vestibular Disorder	Dr Krutika Kale
20/1/26tue	11--12 pm	SMA	Dr Ashish Patil
21/1/26wed	12--1 pm	Stroke	Dr Chitra M
	4--5 pm	Case Presentation	Dr Ashish Patil
22/1/26thu	11--12pm	Stroke	Dr Chitra M
23/1/26fri	3--4 pm	Case Presentation	Dr Ashish Patil
24/1/26	3--4pm	Case Presentation	Dr Ashish Patil
27/1/26tue	11--12pm	Spina Bifida	Dr Jidnyasa A
28/1/26wed	12--1 pm	HSMA	Dr Ashish Patil
	4--5 pm	Seminar	
29/1/26thu	11--12pm	Movement Dysfunction	Dr Kalpana D
30/1/26fri	3--4 pm	Movement Dysfunction	Dr Kalpana D
31/1/16	3--4 pm	Seminar	

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**Department of Cardiovascular and Respiratory Physiotherapy**

Monthly Schedule for final year– January 2026

Sr. no.	Name of topic	Name of the Faculty	Date	Time
1.	PT management after Abdominal surgery	Dr. Suvarna Sapkale (PT)	01-01-26	3.00-4.00 pm
2.	PT management after Abdominal surgery	Dr. Suvarna Sapkale (PT)	02-01-26	12.00-1.00 pm
3.	Energy systems	Dr. Shweta Damle (PT)	05-01-26	3.00-4.00 pm
4.	Energy systems	Dr. Shweta Damle (PT)	06-01-26	3.00-4.00 pm
5.	Energy Expenditure	Dr. Renuka Sarap (PT)	07-01-26	2.00-3.00 pm
6.	Energy Expenditure	Dr. Renuka Sarap (PT)	08-01-26	3.00-4.00 pm
7.	Principles of exercise prescription	Dr. Amit Jaiswal (PT)	09-01-26	12.00-1.00 pm
8.	Principles of exercise prescription	Dr. Amit Jaiswal (PT)	12-01-26	3.00-4.00 pm
9.	Components of exercise program	Dr. Aditi Patil (PT)	13-01-26	3.00-4.00 pm
10.	Components of exercise program	Dr. Aditi Patil (PT)	14-01-26	2.00-3.00 pm
11.	Exercise prescription for healthy individuals	Dr. Rachana Meshram (PT)	15-01-26	3.00-4.00 pm
12.	Exercise prescription for healthy individuals	Dr. Rachana Meshram (PT)	16-01-26	12.00-1.00 pm
13.	Response to exercise training	Dr. Renuka Sarap (PT)	19-01-26	3.00-4.00 pm
14.	Adaptations to exercise training	Dr. Renuka Sarap (PT)	20-01-26	3.00-4.00 pm
15.	Adaptations to exercise training	Dr. Renuka Sarap (PT)	21-01-26	2.00-3.00 pm
16.	PT management in Occupational lung diseases	Dr. Suvarna Sapkale (PT)	22-01-26	3.00-4.00 pm
17.	PT management in Occupational lung diseases	Dr. Suvarna Sapkale (PT)	23-01-26	12.00-1.00 pm
18.	PT management in respiratory infective conditions - Tuberculosis	Dr. Rachana Meshram (PT)	27-01-26	3.00-4.00 pm
19.	PT management in respiratory infective conditions - Tuberculosis	Dr. Rachana Meshram (PT)	28-01-26	3.00-4.00 pm
20.	PT management in respiratory infective conditions - Pneumonia	Dr. Aditi Patil (PT)	29-01-26	2.00-3.00 pm
21.	PT management in respiratory infective conditions - Pneumonia	Dr. Aditi Patil (PT)	30-01-26	3.00-4.00 pm

  
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## Community Physiotherapy: Monthly teaching plan IV B.P.Th.- January 2026

SR. NO.	TOPICS	TEACHING STAFF	DATE	DAY	TIME
1	Physical fitness in women with Pregnancy	Dr. Gayatri Kale	01/01/2026	Thu	02:00–03:00 PM
2	Physical fitness in woman's	Dr. Gayatri Kale	01/01/2026	Thu	04:00–05:00 PM
3	Women's health issues in community	Dr. Gayatri Kale	02/01/2026	Fri	02:00–03:00 PM
4	Theories of ageing	Dr. Puneet Sharma	05/01/2026	Mon	02:00–03:00 PM
5	Geriatric rehabilitation approaches	Dr. Radhika Tirmale	06/01/2026	Tue	02:00–03:00 PM
6	Physiology of ageing - Metabolic changes	Dr. Radhika Tirmale	07/01/2026	Wed	11:00–12:00 PM
7	Physical fitness in woman's with Pregnancy	Dr. Gayatri Kale	08/01/2026	Thu	02:00–03:00 PM
8	Physical fitness in woman's with Menopause	Dr. Gayatri Kale	08/01/2026	Thu	04:00–05:00 PM
9	Industrial health – overview	Dr. Monish Chanchlani	09/01/2026	Fri	02:00–03:00 PM
10	Disability – concepts and classification	Dr. Manoj Suryawanshi	12/01/2026	Mon	02:00–03:00 PM
11	Legal rights for woman's in India	Dr. Gayatri Kale	13/01/2026	Tue	02:00–03:00 PM
12	Disability evaluation methods	Dr. Manoj Suryawanshi	14/01/2026	Wed	11:00–12:00 PM
13	Occupational hazards and prevention	Dr. Monish Chanchlani	15/01/2026	Thu	02:00–03:00 PM
14	Case / Seminar presentation	Dr. Monish Chanchlani	15/01/2026	Thu	04:00–05:00 PM



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**Community Physiotherapy: Monthly teaching plan IV B.P.Th.- January**  
**2026**

15	Theories of ageing	Dr. Puneet Sharma	16/01/2026	Fri	02:00-03:00 PM
16	Physical fitness in woman's with Menopause	Dr. Gayatri Kale	19/01/2026	Mon	02:00-03:00 PM
17	Physiology of ageing - Metabolic changes	Dr. Radhika Tirmale	20/01/2026	Tue	02:00-03:00 PM
18	Industrial rehabilitation	Dr. Manoj Suryawanshi	21/01/2026	Wed	11:00-12:00 PM
19	Legal rights for woman's in India	Dr. Ankita Mane	22/01/2026	Thu	02:00-03:00 PM
20	Case / Seminar presentation	Dr. Ankita Mane	22/01/2026	Thu	04:00-05:00 PM
21	Theories of ageing	Dr. Puneet Sharma	23/01/2026	Fri	02:00-03:00 PM
22	Disability rehabilitation services	Dr. Manoj Suryawanshi	27/01/2026	Tue	02:00-03:00 PM
23	Health systems and policies	Dr. Gayatri Kale	28/01/2026	Wed	11:00-12:00 PM
24	Industrial safety and ergonomics	Dr. Monish Chanchlani	29/01/2026	Thu	02:00-03:00 PM
25	Case / Seminar presentation	Dr. Monish Chanchlani	29/01/2026	Thu	04:00-05:00 PM
26	Physiology of ageing - Cardio respiratory changes	Dr. Radhika Tirmale	30/01/2026	Fri	02:00-03:00 PM

  
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**1<sup>ST</sup> MPT**  
**CASE PRESENTATION**  
**JANUARY 2026**

Sr no	Name	Date
1.	Dr Sudesh Waydande	01-01-26
2.	Dr Vaishnavi Tikar	02-01-26
3.	Dr Dipika Thakare	05-01-26
4.	Dr Ashwini Sonawane	06-01-26
5.	Dr Ankita Shirsat	07-01-26
6.	Dr Mehvish Shaikh	08-01-26
7.	Dr Rutuja Shardul	09-01-26
8.	Dr Neha Rane	12-01-26
9.	Dr Ayushi Patel	13-01-26
10.	Dr Astha Patel	15-01-26
11.	Dr Uma Mutta	16-01-26
12.	Dr Umair Muqri	17-01-26
13.	Dr Ashlesha Mankar	19-01-26
14.	Dr Vaishnavi Kapade	20-01-26
15.	Dr Ojasvi Janbhandu	21-01-26
16.	Dr Sakshi Jadhav	22-01-26
17.	Dr Pooja Gurudasani	23-01-26
18.	Dr Swati Gupta	24-01-26
19.	Dr Sakshi Darda	27-01-26
20.	Dr Rashmi Choube	28-01-26
21.	Dr Prajwal Bhivgade	29-01-26
22.	Dr Priyanka Bhil	30-01-26
23.	Dr Sakshi Bhamare	31-01-26

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Co-ordinator



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Subject: Kinesiotherapy

I B.P.Th (2025-26) Monthly teaching plan for December

Sr No.	Date	Topic	Staff Name	Time
1	9/12/25	Lab visit	Dr. Lajari Dhande	11:30-12:30
2	10/12/25	Introduction to Kinesiotherapy	Dr. Shruti Chaudhari	09:30-10:30
3	15/12/25	Joint Mobility Introduction (Related Terminologies)	Dr. Pradnya	02:30-04:30
4	16/12/25	Therapeutic Gymnasium Introduction	Dr. Lajari Dhande	11:30-12:30
5	17/12/25	Classification of movements (Introduction)	Dr. Shruti Chaudhari	09:30-10:30
6	19/12/25	Joint Mobility Introduction (Related Terminologies)	Dr. Pradnya	03:30-04:30
7	22/12/25	Classification of movements (define different types of movements and physiological movements)	Dr. Shruti Chaudhari	02:30-04:30
8	26/12/25	Joint Mobility Introduction (Identify and describe the causes of joint mobility)	Dr. Pradnya	03:30-04:30
9	29/12/25	Therapeutic Gymnasium Introduction (Specification for a therapeutic gymnasium set up)	Dr. Lajari Dhande	02:30-04:30

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1st YEAR (Batch 2025-26)

MONTHLY ELECTROTHERAPY LECTURE SCHEDULE

DECEMBER 2025

Sr.no	Date	Topic	Name of staff	Time
1.	9/12/25	Introduction to Electrotherapy	Dr. Priti	9:30 - 10:30
2.	9/12/25	Introduction to Electrotherapy	Dr. Priti	2:30- 3:30
3.	9/12/25	Basics of Electrotherapy	Dr. Darshana	3:30- 4:30
4.	10/12/25	Basics of Electrotherapy	Dr. Darshana	3:30 - 4:30
5.	11/12/25	Basic Physics	Dr. Kalyani	2:30 - 3:30
6.	16/12/25	Basic Physics	Dr. Kalyani	9:30 - 10:30
7.	16/12/25	Electrotherapy lab visit	Dr. Pawan	2:30- 4:30
8.	17/12/25	Electrotherapy lab visit	Dr. Pawan	3:30 - 4:30
9.	18/12/25	Basic current electricity	Dr. Priti	2:30 - 3:30
10.	23/12/25	Basic current electricity	Dr. Priti	9:30 - 10:30
11.	23/12/25	Mains supply	Dr. Darshana	2:30- 3:30
12.	23/12/25	Basic condenser	Dr. Darshana	3:30- 4:30
13.	24/12/25	Magnetism	Dr. Pawan	3:30- 4:30
14.	30/12/25	Magnetism	Dr. Pawan	9:30 - 10:30
15.	30/12/25	Basic Electromagnetic Induction	Dr. Priti	2:30- 3:30
16.	30/12/25	Basic Electromagnetic Induction	Dr. Priti	3:30- 4:30
17.	31/12/25	Transmission of heat	Dr. Pawan	3:30 - 4:30

*Priti*  
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1<sup>st</sup> YEAR (Winter 2025)

MONTHLY LECTURE SCHEDULE:-

KINESIOLOGY AND MOVEMENT SCIENCE

December-2025

Sr.No	Date	Topic	Name of staff	Time
1.	8/12/25	Introduction of books	Dr. Shruti C.	01:30-02:30
2.	9/12/25	Introduction to the terminologies	Dr. Ashish P.	10:30-11:30
3.	10/12/25	Newton's Laws	Dr. Ashish P	02:30-03:30
4.	12/12/25	Concepts of center of Gravity, Line of Gravity, Base of support	Dr. Aditya K.	02:30-03:30
5.	15/12/25	Equilibrium and its types	Dr. Aditya K.	01:30-02:30
6.	17/12/25	Elements of muscle structure	Dr. Pawan	02:30-03:30
7.	19/12/25	Elements of muscle structure	Dr. Pawan	02:30-03:30
8.	23/12/25	Length – tension relationship	Dr. Aditya	10:30-11:30
9.	24/12/25	Classification of muscles	Dr. Aditya	02:30-03:30
10.	26/12/25	Classification of muscles	Dr. Aditya	02:30-03:30
11.	29/12/25	Motor unit	Dr. Pawan	01:30-02:30
12.	30/12/25	Revision class	Dr. Pawan	10:30-11:30
13.	31/12/25	Class Test	Dr. Aditya K.	02:30-03:30

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# DR. ULHAS PATIL COLLEGE OF PHYSIOTHERAPY, JALGAON

Subject: Kinesiotherapy

II B.P.Th. (Summer) Monthly teaching plan for DECEMBER 2025

Sr. No.	Date	Topics	Teacher	Time
1.	01/12/25 – 11/12/25	TERMINAL EXAMINATION		
2.	12/12/25	Gait	Dr. Mukesh	2-3 PM
3.	12/12/25	Gait	Dr. Mukesh	3-4 PM
4.	13/12/25	Gait	Dr. Mukesh	11-12 PM
5.	16/12/25	Walking Aids	Dr. Pawan	2-3 PM
6.	16/12/25	Walking Aids	Dr. Pawan	3-4 PM
7.	17/12/25	Gait Practical	Dr. Mukesh	3-4 PM
8.	19/12/25	Walking Aids Types	Dr. Pawan	2-3 PM
9.	19/12/25	Walking Aids Prescription	Dr. Pawan	3-4 PM
10.	20/12/25	Gait Practical	Dr. Mukesh	11-12 PM
11.	23/12/25	Gait Practical	Dr. Mukesh	2-3 PM
12.	23/12/25	Gait Practical	Dr. Mukesh	3-4 PM
13.	24/12/25	Walking Aids Indications	Dr. Pawan	3-4 PM
14.	26/12/25	Walking Aids Measurements	Dr. Pawan	2-3 PM
15.	26/12/25	Walking Aids Practical	Dr. Pawan	3-4 PM
16.	27/12/25	Walking Aids Practical	Dr. Pawan	11-12 PM
17.	30/12/25	Gait Practical	Dr. Mukesh	2-3 PM
18.	30/12/25	Gait Practical	Dr. Mukesh	3-4 PM
19.	31/12/25	Gait Practical	Dr. Mukesh	3-4 PM

*Dr. Anandkumar*

HOD



*Dr. Ulhas Patil*  
PRINCIPAL

Principal  
Dr. Ulhas Patil College of  
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**Dr. ULHAS PATIL COLLEGE OF PHYSIOTHERAPY, JALGAON**

2<sup>ND</sup> YEAR (Summer 2025)

MONTHLY ELECTROTHERAPY LECTURE SCHEDULE:-

December-2025

Sr.No	Date	Topic	Name of staff	Time
1.	01/12/25 to 11/12/25	Terminal Exam		10.00-01.00
2.	15/12/25	IRR	Dr. Preeti	02.00-03.00
3.	16/12/25	Electro-diagnosis	Dr.Kalyani	10.00-11.00
4.	17/12/25	IRR application	Dr. Preeti	02.00-04.00
5.	18/12/25	SD curve theory	Dr. Kalyani	02.00-04.00
6.	22/12/25	IRR application	Dr. Preeti	02.00-03.00
7.	23/12/25	SD curve application	Dr. Kalyani	02.00-04.00
8.	24/12/25	IRR practical application	Dr. Preeti	02.00-04.00
9.	29/12/25	SWD	Dr. Darshana	02.00-03.00
10.	30/12/25	Russian current	Dr. Anurag	03.00-03.00
11.	31/12/25	IRR application practice	Dr.Preeti	02.00-04.00

  
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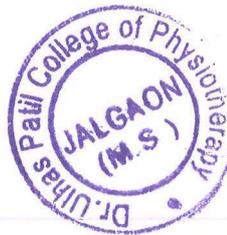
# DR. ULHAS PATIL COLLEGE OF PHYSIOTHERAPY, JALGAON

**Subject: Kinesiology**

**II B.P.Th. (Summer) Monthly teaching plan for DEC 2025**

Sr. No.	Subtopics	Teacher	Date	Time
1.	<b>TERMINAL EXAM (1 DEC to 11 DEC)</b>			
2.	Thorax-Anatomy and Structure	Dr. Suvarna	12/12/25	4-5
3.	Thorax-Kinetic	Dr. Suvarna	13/12/25	12-1
4.	<b>SUNDAY</b>			
5.	Thorax-Kinematic	Dr. Suvarna	16/12/25	4-5
6.	Vertebral column- Thoracic-Structure and joints.	Dr. Suvarna	18/12/25	4-5
7.	Vertebral column (Thoracic)- Kinetics	Dr. Suvarna	19/12/25	4-5
8.	Vertebral column (Thoracic) Kinematics	Dr. Suvarna	20/12/25	12-1
9.	<b>SUNDAY</b>			
10.	Thorax- Revision Test	Dr. Suvarna	23/12/25	4-5
11.	<b>CHRISTMAS (25/12/25)</b>			
12.	Vertebral Column - Revision	Dr. Suvarna	26/12/25	4-5
13.	Elbow joint-Anatomy and structure	Dr. Aditya	27/12/25	12-1
14.	<b>SUNDAY</b>			
15.	Elbow joint-Kinetic	Dr. Aditya	30/12/25	4-5

*G. S. Shrivastava*  
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*Abhishek*  
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**DR. ULHAS PATIL COLLEGE OF PHYSIOTHERAPY, JALGAON**  
**MONTHLY LECTURE SCHEDULE FDPS DECEMBER 2025 3RD BPTH WINTER BATCH 22—23**  
*SOMNER*

DATE	TIME	TOPIC	STAFF
08/12/25	2-3	BOBATH APPROACH	DR ASHISH
	3-4	MOBILIZATION	DR VINAYA
	4-5	ECG BASICS	DR SHWETA
09/12/25	11-12	BOBATH APPROACH	DR ASHISH
	4-5	MOBILIZATION	DR VINAYA
10/12/25	3-4	REFLEXEX	DR KALPANA
	4-5	MOBILIZATION	DR VINAYA
11/12/25	2-3	ECG	DR SHWETA
	4-5	MOBILIZATION	DR VINAYA
12/12/25	11-12	SCREENING IN CHILDREN	DR SHWETA
	4-5	BRONSTROME PRACTICLE	DR KRUTIKA
15/12/25	2-3	PNF	DR CHITRA MAM
	3-4	GAIT ANALYSIS	DR ANURAG
	4-5	SCREENING IN CHILDREN	DR SHWETA
16/12/25	11-12	BRONSTROME PRACTICLE	DR KRUTIKA
	4-5	GAIT ANALYSIS	DR ANURAG
17/12/25	3-4	GAIT ANALYSIS	DR ANURAG
	4-5	BRONSTROME	DR KRUTIKA
18/12/25	2-3	PRINCIPLE N COMPONENTS OF EXS	DR AMIT
	4-5	GAIT ANALYSIS	DR ANURAG
19/12/25	11-12	PHYSIOLOGICAL RESPONSE	DR RENUKA
	4-5	BOBATH PRACTICLE	DR ASHISH
20/12/25	11-12	PHYSIOLOGICAL RESPONSE	DR RENUKA
22/12/25	2-3	PNF	DR CHITRA MAM
	3-4	MET	DR DIVYA
	4-5	MOBILITY	DR RENUKA
23/12/25	11-12	PNF	DR CHITRA MAM
	4-5	MET	DR DIVYA
24/12/25	3-4	MET	DR DIVYA
	4-5	BRONSTROME	DR KRUTIKA
26/12/25	11-12	PRINCIPLE AND COMPONENTS OF EXS	DR AMIT
	4-5	BRUNSTROME	DR KRUTIKA

		PRACTICLE	
27/12/25	11-12	PRINCIPLE OF EXS	DR AMIT
29/12/25	2-3	BRUNSTROME PRACTICLE	DR KRUTIKA
	3-4	GAIT DEVIATION	DR ANURAG
	4-5	ETT	DR RENUKA
30/12/25	11-12	BRUNSTROME PRACTICLE	DR KRUTIKA
	4-5	GAIT DEVIATION	DR ANURAG
31/12/25	3-4	GAIT DEVIATION	DR ANURAGS
	4-5	BRUNSTROME PRACTICLE	DR KRUTIKA

*Datta*

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*Alagunas*

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(Affiliated To MUHS Nashik and Approved By MSOTP Council, Mumbai)  
DEPARTMENT OF MUSCULOSKELETAL PHYSIOTHERAPY

MONTHLY LECTURE SCHEDULE FOR FINAL YEAR

**DECEMBER – 2025**

Sr. No	Dates	Lectures	Topics	Staff	Time
1.	15-12-25	Theory	Volkman's ischemic contraction	Dr Vinaya Borole	11-12
2.	16-12-25	Practical	PT management of V.I.C	Dr Vinaya Borole	12-1
3.	17-12-25	Theory	Complex Regional Pain Syndrome	Dr Jaywant Nagulkar	3-4
4.	18-12-25	Practical	PT management of CRPS	Dr Jaywant Nagulkar	12-1
5.	19-12-25	Practical	Case presentation	MSK Staff	11-12
6.	22-12-25	Theory	Tuberculosis of joints	Dr Pawan Kumar	11-12
7.	23-12-25	Theory	Osteomyelitis, Osteomalacia	Dr Pawan Kumar	21-1
8.	24-12-25	Practical	PT Management of infectious diseases of bone, joint of extremities and spine	Dr Pawan Kumar	3-4
9.	26-12-25	Theory	Introduction to burn injuries and its complication	Dr pawan chopade	11-12
10.	29-12-25	Practical	PT management of burn injuries	Dr pawan chopade	11-12
11.	30-12-25	Theory	Introduction of Tapping	Dr Pradnya Mahajan	21-1
12.	31-12-25	Practical	Tapping techniques	Dr Pradnya Mahajan	3-4

*Shauand Kumar*  
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*Alagunas*  
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DEPARTMENT OF NEUROSCIENCES  
MONTHLY TIME TABLE 4TH BPTH FINAL YR – DECEMBER 2025(SUMMER) NEW

DATE	TIME	TOPIC	STAFF	
1/12/25MON	12-1			
2/12/25TUE	11-12			
3/12/25WED	12-1			
	4-5			
4/12/25THU	11-12			TERMINAL EXAM
5/12/25FRI	3-4		-	
8/12/25MON	12-1			
9/12/25TUE	11-12			
10/12/25WED	12-1			
	4-5			
11/12/25THU	11-12	]		
12/12/25FRI	3-4	BASAL GANGLIA DIS	DR KRUTIKA	
15/12/25MON	12-1	PARKINSON DISEAS	DR KRUTIKA	
16/12/25TUE	11-12	BASAL GANGLIA DIS	DR KRUTIKA	
17/12/25WED	12-1	CEREBRAL DISEASE	DR ASHISH	
	4-5	CASE DISCUSSION	DR CHITRA	
18/12/25THU	11-12	CEREBRAL DISEASE	DR ASHISH	
19/12/25FRI	3-4	HEMIPLEGIC GAIT	DR CHITRA	
22/12/25MON	12-1	CEREBRAL ATAXIA	DR ASHISH	
23/12/25TUE	11-12	HEMIPLEGIC GAIT M/M	DR CHITRA	
24/12/25WED	12-1	PEDIATRIC GAIT ANALYSIS	DR ASHWINI K	
	4-5	CASE PRESENTATION	DR ASHWINI K	
26/12/25FRI	3-4	PEDS GAIT ANALYS	DR ASHWINI K	
29/12/25MON	12-1	PEDS GAIT M/M	DR ASHWINI K	
30/12/25TUE	11-12	SMA	DR JIDNYASA	

  
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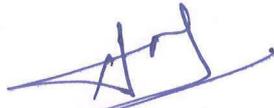
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Department of Cardiovascular and Respiratory Physiotherapy

Monthly Schedule for final year– December 2025

Sr. no.	Name of topic	Name of the Faculty	Date	Time
1.	PT management after lung surgery	Dr. Suvarna Sapkale (PT)	15-12-25	3.00-4.00 pm
2.	PT management after lung surgery	Dr. Suvarna Sapkale (PT)	16-12-25	3.00-4.00 pm
3.	PT management after musculoskeletal dysfunction	Dr. Shweta Damle (PT)	17-12-25	2.00-3.00 pm
4.	Ergonomic advice and energy conservation technique	Dr. Shweta Damle (PT)	18-12-25	3.00-4.00 pm
5.	ABG interpretation	Dr. Renuka Sarap (PT)	19-12-25	12.00-1.00 pm
6.	Chest x ray interpretation	Dr. Renuka Sarap (PT)	22-12-25	3.00-4.00 pm
7.	ECG interpretation	Dr. Amit Jaiswal (PT)	23-12-25	3.00-4.00 pm
8.	PFT	Dr. Amit Jaiswal (PT)	24-12-25	2.00-3.00 pm
9.	Shuttle walk test	Dr. Amit Jaiswal (PT)	26-12-25	12.00-1.00 pm
10.	Shuttle walk test	Dr. Suvarna Sapkale (PT)	29-12-25	3.00-4.00 pm
11.	Harvard step test	Dr. Suvarna Sapkale (PT)	30-12-25	3.00-4.00 pm
12.	Harvard step test	Dr. Suvarna Sapkale (PT)	31-12-25	2.00-3.00 pm

  
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2-12 – terminal exams



**Community Physiotherapy: Monthly teaching plan IV B.P.Th.- December**  
**2025**

Sr. No.	Topics	Teaching Staff	Date	Day	Time
1.	TERMINAL EXAM	TERMINAL EXAM	TERMINAL EXAM	-	01/12/2025 To 10/12/2025
2.	Theories of ageing	Dr. Puneet Sharma	11/12/2025	Thu	04:00-05:00 PM
3.	Physical fitness and evaluation in Obesity	Dr. Gayatri Kale	12/12/2025	Fri	02:00-03:00 PM
4.	Anatomical variations associate with pregnancy	Dr. Ankita Mane	15/12/2025	Mon	02:00-03:00 PM
5.	Models of industrial therapy	Dr. Monish Chanchlani	16/12/2025	Tue	02:00-03:00 PM
6.	Antenatal physiotherapy	Dr. Radhika Tirmale	17/12/2025	Wed	11:00-12:00 PM
7.	National policies for rehabilitation	Dr. Manoj Suryawanshi	18/12/2025	Thu	02:00-03:00 PM
8.	Rehabilitations work for medical team work	Dr. Manoj Suryawanshi	18/12/2025	Thu	04:00-05:00 PM
9.	Physical fitness and evaluation in growing age	Dr. Gayatri Kale	19/12/2025	Fri	02:00-03:00 PM
10.	Physiological variations associate with pregnancy	Dr. Ankita Mane	22/12/2025	Mon	02:00-03:00 PM
11.	Models of industrial therapy	Dr. Monish Chanchlani	23/12/2025	Tue	02:00-03:00 PM



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Dr. Ulhas Patil  
College of Physiotherapy

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NH-06, Bhusawal- Jalgaon Road, Khirdi Shivar, Tal.& Dist. JALGAON - 425 309 (M.S.)

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**Community Physiotherapy: Monthly teaching plan IV B.P.Th.- December**  
**2025**

12.	Post natal physiotherapy	Dr. Radhika Tirmale	24/12/2025	Wed	11:00–12:00 PM
13.	Physical fitness and evaluation in Obesity	Dr. Gayatri Kale	26/12/2025	Fri	02:00–03:00 PM
14.	Rehabilitations work for medical team work	Dr. Manoj Suryawanshi	29/12/2025	Mon	02:00–03:00 PM
15.	Theories of ageing	Dr. Puneet Sharma	30/12/2025	Tue	02:00–03:00 PM
16.	Physical fitness and evaluation in Obesity	Dr. Gayatri Kale	31/12/2025	Wed	11:00–12:00 PM

  
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**1<sup>ST</sup> MPT**  
**CASE PRESENTATION**  
**DECEMBER 2025**

Sr no	Name	Date
1.	Dr Sakshi Bhamare	01-12-25
2.	Dr Priyanka Bhil	02-12-25
3.	Dr Prajwal Bhivgade	03-12-25
4.	Dr Rashmi Choube	04-12-25
5.	Dr Sakshi Darda	05-12-25
6.	Dr Swati Gupta	08-12-25
7.	Dr Pooja Gurudasani	09-12-25
8.	Dr Sakshi Jadhav	10-12-25
9.	Dr Ojasvi Janbhandu	11-12-25
10.	Dr Vaishnavi Kapade	12-12-25
11.	Dr Ashlesha Mankar	15-12-25
12.	Dr Umair Muqri	16-12-25
13.	Dr Uma Mutta	17-12-25
14.	Dr Astha Patel	18-12-25
15.	Dr Ayushi Patel	19-12-25
16.	Dr Neha Rane	20-12-25
17.	Dr Rutuja Shardul	22-12-25
18.	Dr Mehvish Shaikh	23-12-25
19.	Dr Ankita Shirsat	24-12-25
20.	Dr Ashwini Sonawane	26-12-25
21.	Dr Dipika Thakare	29-12-25
22.	Dr Vaishnavi Tikar	30-12-25
23.	Dr Sudesh Waydande	31-12-25

*(Signature)*  
Co-ordinator



*(Signature)*  
Principal

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**1<sup>ST</sup> MPT**  
**MICRO TEACHING**  
**DECEMBER 2025**

Sr no	Name	Date
1.	Dr Sudesh Waydande	01-12-25
2.	Dr Vaishnavi Tikar	02-12-25
3.	Dr Dipika Thakare	03-12-25
4.	Dr Ashwini Sonawane	04-12-25
5.	Dr Ankita Shirsat	05-12-25
6.	Dr Mehvish Shaikh	08-12-25
7.	Dr Rutuja Shardul	09-12-25
8.	Dr Neha Rane	10-12-25
9.	Dr Ayushi Patel	11-12-25
10.	Dr Astha Patel	12-12-25
11.	Dr Uma Mutta	15-12-25
12.	Dr Umair Muqri	16-12-25
13.	Dr Ashlesha Mankar	17-12-25
14.	Dr Vaishnavi Kapade	18-12-25
15.	Dr Ojasvi Janbhandu	19-12-25
16.	Dr Sakshi Jadhav	20-12-25
17.	Dr Pooja Gurudasani	22-12-25
18.	Dr Swati Gupta	23-12-25
19.	Dr Sakshi Darda	24-12-25
20.	Dr Rashmi Choube	26-12-25
21.	Dr Prajwal Bhivgade	29-12-25
22.	Dr Priyanka Bhil	30-12-25
23.	Dr Sakshi Bhamare	31-12-25

  
Co-ordinator

  
Principal



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# DR. ULHAS PATIL COLLEGE OF PHYSIOTHERAPY, JALGAON

Subject: Kinesiotherapy

II B.P.Th. (Summer) Monthly teaching plan for NOVEMBER 2025

Sr. No.	Date	Topics	Teacher	Time
1.	01/11/25	Joint Mobility LL Practical	Dr. Aditya	11-12 PM
2.	04/11/25	Joint Mobility LL Practical	Dr. Aditya	2-3 PM
3.	04/11/25	Joint Mobility of Spine	Dr. Aditya	3-4 PM
4.	07/11/25	Dynamometer Practical	Dr. Divya	2-3 PM
5.	07/11/25	Dynamometer Practical	Dr. Divya	3-4 PM
6.	08/11/25	Frenkels Exercises Practical	Dr. Ashwini	11-12 PM
7.	11/11/25	Shoulder Joint Strengthening Practical	Dr. Divya	2-3 PM
8.	11/11/25	Shoulder Joint Strengthening Practical	Dr. Divya	3-4 PM
9.	12/11/25	Balancing Exercises	Dr. Krutika	3-4 PM
10.	14/11/25	Elbow Joint Strengthening Practical	Dr. Divya	2-3 PM
11.	14/11/25	Elbow Joint Strengthening Practical	Dr. Divya	3-4 PM
12.	15/11/25	Balancing Exercises Practical	Dr. Krutika	11-12 PM
13.	18/11/25	Balancing Exercises Practical	Dr. Krutika	2-3 PM
14.	18/11/25	Neuromuscular Coordination & Balance	Dr. Krutika	3-4 PM
15.	19/11/25	Physiology related to Coordination & Balance	Dr. Krutika	3-4 PM
16.	21/11/25	Wrist Joint Strengthening Practical	Dr. Divya	2-3 PM
17.	21/11/25	Wrist Joint Strengthening Practical	Dr. Divya	3-4 PM
18.	22/11/25	Hip Joint Strengthening Practical	Dr. Divya	11-12 PM
19.	25/11/25	Hip Joint Strengthening Practical	Dr. Divya	2-3 PM
20.	25/11/25	Knee Joint Strengthening Practical	Dr. Divya	3-4 PM
21.	26/11/25	Knee Joint Strengthening Practical	Dr. Divya	3-4 PM
22.	28/11/25	Ankle Joint Strengthening Practical	Dr. Divya	2-3 PM
23.	28/11/25	Ankle Joint Strengthening Practical	Dr. Divya	3-4 PM

  
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**Dr. ULHAS PATIL COLLEGE OF PHYSIOTHERAPY, JALGAON**

2<sup>ND</sup> YEAR (Summer 2025)

MONTHLY ELECTROTHERAPY LECTURE SCHEDULE:-

November-2025

Sr.No	Date	Topic	Name of staff	Time
1.	03/11/25	UVR	Dr. Preeti	02.00-03.00
2.	04/11/25	UVR Effects	Dr.Preeti	03.00-05.00
3.	06/11/25	Faradism Practical	Dr. Darshana	02.00-04.00
4.	08/11/25	HVPGC	Dr. Anurag	10.00-11.00
5.	10/11/25	UVR Application	Dr.Preeti	02.00-04.00
6.	11/11/25	Faradic foot bath	Dr.Darshana	02.00-04.00
7.	12/11/25	Motor point stimulation	Dr. Kalyani	03.00-04.00
8.	13/11/25	UVR application	Dr. Preeti	03.00-05.00
9.	17/11/25	Motor point stimulation	Dr.Kalyani	03.00-05.00
10.	18/11/25	Faradic foot bath	Dr.Darshana	02.00-03.00
11.	19/11/25	Russian current	Dr. Anurag	03.00-04.00
12.	20/11/25	Motor point stimulation	Dr. Kalyani	03.00-05.00
13.	24/11/25	Biofeedback	Dr. Darshana	03.00-05.00
14.	25/11/25	Group muscle stimulation	Dr. Kalyani	03.00-05.00
15.	26/11/25	UVR practical	Dr. Preeti	02.00-04.00
16.	27/11/25	Biofeedback	Dr. Darshana	03.00-04.00

  
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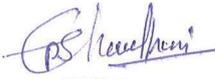
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# DR. ULHAS PATIL COLLEGE OF PHYSIOTHERAPY, JALGAON

**Subject: Kinesiology**

**II B.P.Th. (SUMMER) Monthly teaching plan for NOV 2025**

Sr. No.	Subtopics	Teacher	Date	Time
1.	Hip Joint- Anatomy	Dr. Jidnyasa	1/11/25	12-1
2.	<b>SUNDAY</b>			
3.	Hip Joint- Angulation	Dr. Jidnyasa	4/11/25	4-5
4.	Hip Joint- Kinematics	Dr. Jidnyasa	6/11/25	4-5
5.	Hip Joint- Kinetics	Dr. Jidnyasa	7/11/25	4-5
6.	Hip Joint- Kinetics and Revision	Dr. Jidnyasa	8/11/25	12-1
7.	<b>SUNDAY</b>			
8.	Gate-Human Locomotion	Dr. Shruti	11/11/25	4-5
9.	Gait-Subjective And Objective evaluation	Dr. Shruti	13/11/25	4-5
10.	Gait-Subjective And Objective evaluation	Dr. Shruti	14/11/25	4-5
11.	Gait-Gait cycle and measurable parameter [Step length, Step width, Stride length, Foot ankle, Cadence]	Dr. Shruti	15/11/25	12-1
12.	<b>SUNDAY</b>			
13.	Gait-Kinetic and kinematic of gait	Dr. Shruti	18/11/25	4-5
14.	Gait-Kinetic and kinematic of gait	Dr. Shruti	20/11/25	4-5
15.	Gait-Determinants of gait	Dr. Shruti	21/11/25	4-5
16.	Gait- Revision	Dr. Shruti	22/11/25	12-1
17.	<b>SUNDAY</b>			
18.	Biomechanics- Revision Test	Dr. Aditya	25/11/25	4-5
19.	Shoulder and Cervical Vertebral Column- Revision Test	Dr. Divya	27/11/25	4-5
20.	Revision Test- (Hip Joint)	Dr. Jidnyasa	28/11/25	4-5

  
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**DR. ULHAS PATIL COLLEGE OF PHYSIOTHERAPY, JALGAON**  
**MONTHLY LECTURE SCHEDULE FDPS NOVEMBER 2025 3RD BPTH WINTER BATCH 22—23**  
*SOMMER*

DATE	TIME	TOPIC	STAFF NAME
01/11/25	11-12PM	RESPIRATORY ASSESSMENT	DR SHWETA
03/11/25	3-4PM	SHOULDER ASSESSMENT	DR VINAYA
	4-5 PM	RESPIRATORY ASSESMENT	DR SHWETA
04/11/25	11-12PM	PERIPHERAL NERVE INJURY	DR KALPANA D
	4-5PM	SHOULDER JT ASSESMENT	DR VINAYA
05/11/25	GURU NANAK JAYANTI	HOLIDAY	
06/12/25	2-3 PM	RESPIRATORY ASSESMENT	DR SHWETA
	4-5PM	SHOULDER JT ASSESMENT	DR VINAYA
07/11/25			
08/11/25	11-12PM	CVS ASSESMENT	DR RENUKA
10/11/25	2—3PM	CRANIAL NEVE EXAMINATION	DR ASHISH P
	3—4 PM	MUSCULOSKELETAL ASSESMENT	DR DIVYA
11/11/25	11—12 PM	NEURO SSESSMENT	DR CHITRA
	4—5 PM	MSK ASSESMENT	DR DIVYA MAM
12/11/25	3-4	MSK ASSESMENT	DR DIVYA
	4-5	SENSORY EXAMINATION PRTCL	DR KRUTIKA
13/11/25	2-3	MSK ASSESMENT	D DIVYA
	4-5	SENSORY EXAMINATION	DR KRUTIKA
14/11/25	11-12	CVS ASSESMENT	DR RENUKA
	4-5	CRANIAL NERVE EXAMINATION	DR ASHISH
15/11/25	11-12	ANKLE BRACKEL INDEX	DR AMIR
17/11/25	2-3	TONE ASSESSMENT	DR KRUTIKA
	3-4	MSK ASSESSMENT	DR DIVYA
	4-5	RESP ASSESMENT	DR SHWETA
18/11/25	11-12	TONE ASSESMENT	DR KRUTIKA
	4-5	HAND DEVELOPMENT	DR CHITRA
19/11/25	3-4	MSK ASSESSMENT	DR DIVYA
	4-5	TONE ASSESSMENT	DR KRUTIKA
20/11/25	2-3	ICF	DR AMIT
	4-5	MSK ASSESMENT	DR PAWAN G
21/11/25	11-12	6 MIN WALK TEST	DR RENUKA
	4-5	NEURO ASSESSMENT PRACTICLE	DR ASHISH
22/11/25	11-12	6 MIN WALK TEST	DR RENUKA
24/11/25	2-3	TONE ASSESMENT	DR KRUTIKA

	3-4	MSK ASSESMENT	DR PAWAN G
	4-5	6 MIN WALK TEST	DR RENUKA
25/11/25	11-12	HUMAN DEVELOPMENT	DR CHITRA M
	4-5	MSK ICF	DR PAWAN G
26/11/25	3-4	GAIT DEVIATION	DR KRUTIKA
	4-5	MSK ICF	DR PAWAN G

  
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DEPARTMENT OF MUSCULOSKELETAL PHYSIOTHERAPY

MONTHLY LECTURE SCHEDULE FOR FINAL YEAR

**NOVEMBER – 2025**

Sr. No	Dates	Lectures	Topics	Staff	Time
1.	03-11-25	Theory	Introduction to spine conditions	Dr Pradnya Mahajan	11-12
2.	04-11-25	Theory	Spondylosis and spondylitis, spondylolisthesis	Dr Pradnya Mahajan	12-1
3.	06-11-25	Theory	Kyphosis and scoliosis	Dr Pradnya Mahajan	12-1
4.	07-11-25	Practical	PT management of kyphosis and scoliosis, Spondylosis and spondylitis, spondylolisthesis	Dr Pradnya Mahajan	11-12
5.	10-11-25	Theory	Cervical spine fracture	Dr Jaywant Nagulkar	11-12
6.	11-11-25	Practical	PT management of cervical spine fracture	Dr Jaywant Nagulkar	12-1
7.	12-11-25	Practical	PT management of cervical spine fracture	Dr Jaywant Nagulkar	3-4
8.	13-11-25	Practical	Case presentation	MSK Staff	12-1
9.	14-11-25	Theory	Tennis elbow, golfer's elbow, olecranon bursitis	Dr Anurag Mehta	11-12
10.	17-11-25	Practical	PT management of Tennis elbow, golfer's elbow, olecranon bursitis	Dr Anurag Mehta	11-12
11.	18-11-25	Theory	Frozen shoulder	Dr Divya Patil	12-1
12.	19-11-25	Practical	PT management of frozen shoulder	Dr Divya Patil	3-4
13.	20-11-25	Theory	Femur fracture	Dr Pawan Chopade	12-1
14.	21-11-25	Practical	PT management of femur fracture	Dr Pawan Chopade	11-12
15.	24-11-25	Practical	Peripheral nerve injuries and plexus injuries	Dr Aditya Khachane	11-12
16.	25-11-25	Practical	Management of peripheral nerve injuries	Dr Aditya Khachane	12-1
17.	26-11-25	Theory	PIVD	Dr Priti Patil	3-4
18.	27-11-25	Practical	PT management of PIVD	Dr Priti Patil	12-1
19.	28-11-25	Practical	Case presentation	MSK Staff	11-12

  
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DEPARTMENT OF NEUROSCIENCES  
MONTHLY TIME TABLE 4TH BPTH FINAL YR – NOVEMBER 2025(SUMMER) NEW

DATE	TIME	TOPIC	STAFF
3/11/25MON	12-1	MOTOR LEARNING THEORY	DR CHITRA
4/11/25TUE	11-12	SPINA BIFIDA	DR JIDNYASA
6/11/25THU	11-12	PNI	DR ASHISH
7/11/25FRI	3-4	PNI	DR ASHISH
10/11/25MON	12-1	PNI M/M	DR ASHISH
11/11/25TUE	11-12	PNI M/M	DR ASHISH
12/11/25WED	12-1	MS	DR KRUTIKA
	4-5	CASE PRESENTATION	DR ASHWINI K
13/11/25THU	11-12	SPINA BIFIDA M/M	DR JIDNYASA
14/11/25FRI	3-4	MS	DR KRUTIKA
17/11/25MON	12-1	MS	DR KRUTIKA
18/11/25TUE	11-12	SPINA BIFIDA M/M	DR JIDNYASA
19/11/25WED	12-1	MOTOR CONTROL TH	DR CHITRA
	4-5	CASE PRESENTATION	DR ASHISH
20/11/25THU	11-12	MOTOR CONTROL TH	DR CHITRA
21/11/25FRI	3-4	MOTOR CONTROL TH	DR CHITRA
24/11/25MON	12-1	MS M/M	DR KRUTIKA
25/11/25TUE	11-12	PNI M/M	DR ASHISH
26/11/25WED	12-1	PNI M/M	DR ASHISH
	4-5	CASE PRESENTATION	DR ASHWINI K
27/11/25THU	11-12	NEURO SCALES	DR KALPANA
28/11/25FRI	3-4	NEURO SCALES	DR KALPANA

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### Department of Cardiovascular and Respiratory Physiotherapy

#### Monthly Schedule for final year– November 2025

Sr. no.	Name of topic	Name of the Faculty	Date	Time
1.	Exercise tolerance testing	Dr. Aditi Patil (PT)	03-11-25	3.00-4.00 pm
2.	Exercise tolerance testing	Dr. Aditi Patil (PT)	04-11-25	3.00-4.00 pm
3.	Maximal vs submaximal tests	Dr. Rachana Meshram (PT)	06-11-25	3.00-4.00 pm
4.	6 minute walk test	Dr. Rachana Meshram (PT)	07-11-25	12.00-1.00 pm
5.	Bronchial hygiene therapy – postural drainage	Dr. Rachana Meshram (PT)	10-11-25	3.00-4.00 pm
6.	Bronchial hygiene therapy – Active Cycle of Breathing Technique	Dr. Rachana Meshram (PT)	11-11-25	3.00-4.00 pm
7.	Bronchial hygiene therapy – Autogenic drainage	Dr. Rachana Meshram (PT)	12-11-25	2.00-3.00 pm
8.	Positive expiratory pressure devices	Dr. Suvarna Sapkale (PT)	13-11-25	3.00-4.00 pm
9.	Positive expiratory pressure devices	Dr. Suvarna Sapkale (PT)	14-11-25	12.00-1.00 pm
10.	Humidification	Dr. Shweta Damle (PT)	17-11-25	3.00-4.00 pm
11.	Nebulization	Dr. Shweta Damle (PT)	18-11-25	3.00-4.00 pm
12.	Therapeutic positioning to improve V/Q mismatch	Dr. Renuka Sarap (PT)	19-11-25	2.00-3.00 pm
13.	Therapeutic positioning to improve V/Q mismatch	Dr. Renuka Sarap (PT)	20-11-25	3.00-4.00 pm
14.	Ventilatory muscle training	Dr. Amit Jaiswal (PT)	21-11-25	12.00-1.00 pm
15.	Ventilatory muscle training	Dr. Amit Jaiswal (PT)	24-11-25	3.00-4.00 pm
16.	Ventilatory muscle training	Dr. Amit Jaiswal (PT)	25-11-25	3.00-4.00 pm
17.	PT management of neonatal pediatric conditions	Dr. Suvarna Sapkale (PT)	26-11-25	2.00-3.00 pm
18.	PT management of neonatal pediatric conditions	Dr. Suvarna Sapkale (PT)	27-11-25	3.00-4.00 pm
19.	PT management of neonatal pediatric conditions	Dr. Suvarna Sapkale (PT)	28-11-25	12.00-1.00 pm

  
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## Community Physiotherapy: Monthly teaching plan IV B.P.Th.- November 2025

SR. NO.	TOPICS	TEACHING STAFF	DATE	DAY	TIME
1	Introduction to the health promotion	Dr. Gayatri Kale	03/11/2025	Mon	02:00 – 03:00 PM
2	Women in India	Dr. Ankita Mane	04/11/2025	Tue	02:00 – 03:00 PM
3	Senior citizens in india	Dr. Radhika Tirmale	06/11/2025	Thu	02:00 – 03:00 PM
4	Institutionalized dwelling elders	Dr. Puneet Sharma	06/11/2025	Thu	04:00 – 05:00 PM
5	Introduction to the Disability	Dr. Manoj Suryawanshi	07/11/2025	Fri	02:00 – 03:00 PM
6	Social issues having impacts on physical functions	Dr. Gayatri Kale	10/11/2025	Mon	02:00 – 03:00 PM
7	NGOs for elderly populations	Dr. Radhika Tirmale	11/11/2025	Tue	02:00 – 03:00 PM
8	WHO Definition	Dr. Gayatri Kale	12/11/2025	Wed	11:00 – 12:00 PM
9	Social issue having impact on physical function	Dr. Gayatri Kale	13/11/2025	Thu	02:00 – 03:00 PM
10	Health related legal rights for geriatrics in India	Dr. Radhika Tirmale	13/11/2025	Thu	04:00 – 05:00 PM
11	Introduction health and disease	Dr. Gayatri Kale	14/11/2025	Fri	02:00 – 03:00 PM
12	Community dwelling elders	Dr. Puneet Sharma	17/11/2025	Mon	02:00 – 03:00 PM



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## Community Physiotherapy: Monthly teaching plan IV B.P.Th.- November 2025

13	Physical fitness definition and evaluation	Dr. Ankita Mane	18/11/2025	Tue	02:00 – 03:00 PM
14	Health related legal rights for geriatrics in India	Dr. Radhika Tirmale	19/11/2025	Wed	11:00 – 12:00 PM
15	Physical fitness definition and evaluation	Dr. Ankita Mane	20/11/2025	Thu	02:00 – 03:00 PM
16	Difference between community and institutionalized elders	Dr. Puneet Sharma	20/11/2025	Thu	04:00 – 05:00 PM
17	Health delivery system	Dr. Gayatri Kale	21/11/2025	Fri	02:00 – 03:00 PM
18	Disability Evaluation criteria	Dr. Manoj Suryawanshi	24/11/2025	Mon	02:00 – 03:00 PM
19	Disability concepts and terminologies	Dr. Manoj Suryawanshi	25/11/2025	Tue	02:00 – 03:00 PM
20	Concepts of rehabilitation	Dr. Manoj Suryawanshi	26/11/2025	Wed	11:00 – 12:00 PM
21	Introduction to the rehabilitation	Dr. Manoj Suryawanshi	27/11/2025	Thu	02:00 – 03:00 PM
22	Disability types	Dr. Manoj Suryawanshi	27/11/2025	Thu	04:00 – 05:00 PM
23	Health delivery system	Dr. Gayatri Kale	28/11/2025	Fri	02:00 – 03:00 PM



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**CASE PRESENTATION**  
**NOVEMBER 2025**

Sr no	Name	Date
1.	Dr Mehvish Shaikh	01-11-25
2.	Dr Ankita Shirsat	03-11-25
3.	Dr Ashwini Sonawane	04-11-25
4.	Dr Dipika Thakare	06-11-25
5.	Dr Vaishnavi Tikar	07-11-25
6.	Dr Sudesh Waydande	08-11-25
7.	Dr Umair Muqri	10-11-25
8.	Dr Uma Mutta	11-11-25
9.	Dr Astha Patel	12-11-25
10.	Dr Ayushi Patel	13-11-25
11.	Dr Neha Rane	14-11-25
12.	Dr Rutuja Shardul	15-11-25
13.	Dr Swati Gupta	17-11-25
14.	Dr Pooja Gurudasani	18-11-25
15.	Dr Sakshi Jadhav	19-11-25
16.	Dr Ojasvi Janbhandu	20-11-25
17.	Dr Vaishnavi Kapade	21-11-25
18.	Dr Ashlesha Mankar	24-11-25
19.	Dr Sakshi Bhamare	25-11-25
20.	Dr Priyanka Bhil	26-11-25
21.	Dr Prajwal Bhivgade	27-11-25
22.	Dr Rashmi Choube	28-11-25
23.	Dr Sakshi Darda	29-11-25

  
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**JOURNAL PRESENTATION**  
**NOVEMBER 2025**

Sr no	Name	Date
1.	Dr Swati Gupta	01-11-25
2.	Dr Pooja Gurudasani	03-11-25
3.	Dr Sakshi Jadhav	04-11-25
4.	Dr Ojasvi Janbhandu	06-11-25
5.	Dr Vaishnavi Kapade	07-11-25
6.	Dr Ashlesha Mankar	08-11-25
7.	Dr Dipika Thakare	10-11-25
8.	Dr Vaishnavi Tikar	11-11-25
9.	Dr Sudesh Waydande	12-11-25
10.	Dr Sakshi Bhamare	13-11-25
11.	Dr Priyanka Bhil	15-11-25
12.	Dr Prajwal Bhivgade	17-11-25
13.	Dr Rashmi Choube	18-11-25
14.	Dr Sakshi Darda	19-11-25
15.	Dr Neha Rane	20-11-25
16.	Dr Rutuja Shardul	21-11-25
17.	Dr Mehvish Shaikh	22-11-25
18.	Dr Ankita Shirsat	24-11-25
19.	Dr Ashwini Sonawane	25-11-25
20.	Dr Umair Muqri	26-11-25
21.	Dr Uma Mutta	27-11-25
22.	Dr Astha Patel	28-11-25
23.	Dr Ayushi Patel	29-11-25

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# DR. ULHAS PATIL COLLEGE OF PHYSIOTHERAPY, JALGAON

Subject: Kinesiotherapy  
II B.P.Th. (Summer) Monthly teaching plan for OCTOBER 2025

Sr. No	Date	Topics	Teacher	Time
1.	01/10/25	Muscle Strengthening concept	Dr. Divya	3-4 PM
2.	03/10/25	Factors influencing strength	Dr. Divya	2-3 PM
3.	03/10/25	Principles of strengthening	Dr. Divya	3-4 PM
4.	04/10/25	Principles of strengthening	Dr. Divya	11-12 PM
5.	07/10/25	Joint Mobility LL Practical	Dr. Aditya	2-3 PM
6.	07/10/25	Joint Mobility LL Practical	Dr. Aditya	3-4 PM
7.	08/10/25	Hydrotherapy	Dr. Lajari	3-4 PM
8.	10/10/25	Hydrotherapy	Dr. Lajari	2-3 PM
9.	10/10/25	Hydrotherapy	Dr. Lajari	3-4 PM
10.	11/10/25	PRE	Dr. Divya	11-12 PM
11.	14/10/25	Uses of gymnasium equipment	Dr. Divya	2-3 PM
12.	14/10/25	Methods of strengthening	Dr. Divya	3-4 PM
13.	15/10/25	Functional reeducation theory	Dr. Ashish	3-4 PM
14.	16/10/25 – 26/11/25	DIWALI VACATION	—	—
15.	28/10/25	Functional reeducation Practical	Dr. Ashish	2-3 PM
16.	28/10/25	Functional reeducation Practical	Dr. Ashish	3-4 PM
17.	29/10/25	Frenkels Exercise	Dr. Ashwini	11-12 PM
18.	31/10/25	Functional reeducation Practical	Dr. Ashish	2-3 PM
19.	31/10/25	Functional reeducation Practical	Dr. Ashish	3-4 PM

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2<sup>ND</sup> YEAR (Summer 2025)

MONTHLY ELECTROTHERAPY LECTURE SCHEDULE:-

October-2025

Sr.No	Date	Topic	Name of staff	Time
1.	01/10/25	Micro current	Dr. Darshna	03.00-04.00
2.	06/10/25	Motor point application	Dr. Kalyani	02.00-04.00
3.	08/10/25	Micro current	Dr. Darshna	03.00-04.00
4.	09/10/25	Motor point application	Dr. Kalyani	02.00-04.00
5.	11/10/25	Biofeedback	Dr. Darshna	10.00-11.00
6.	13/10/25	Motor point application	Dr. Kalyani	02.00-04.00
7.	15/10/25	Didynamic current	Dr. Preeti	02.00-03.00
8.	16/10/25 To 26/10/25	Diwali Vacation	-	-

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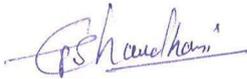
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# DR. ULHAS PATIL COLLEGE OF PHYSIOTHERAPY, JALGAON

**Subject: Kinesiology**

**II B.P.Th. (Summer) Monthly teaching plan for OCT 2025**

Sr. No.	Subtopics	Teacher	Date	Time
1.	<b>Dusshera (2/10/25)</b>			
2.	Shoulder Complex- Introduction	Dr. Divya	3/10/25	4-5
3.	Shoulder Complex- Sternoclavicular Joint	Dr. Divya	4/10/25	12-1
4.	<b>SUNDAY</b>			
5.	Shoulder Complex- Acromioclavicular Joint	Dr. Divya	7/10/25	4-5
6.	Shoulder Complex- Scapulothoracic Joint	Dr. Divya	9/10/25	4-5
7.	Shoulder Complex- Glenohumeral Joint	Dr. Divya	10/10/25	4-5
8.	Shoulder Complex- Integrated Fuction and Muscle	Dr. Divya	11/10/25	12-1
9.	<b>SUNDAY</b>			
10	Shoulder Complex- Revision Test	Dr. Divya	14/10/25	4-5
11	<b>DIWALI VACCATION (16/10/25 – 26/10/25)</b>			
12	Vertebral Column (Cervical)- Structure, Joints	Dr. Divya	28/10/25	4-5
13	Vertebral Column (Cervical)- Kinematics	Dr. Divya	30/10/25	4-5
14	Vertebral Column (Cervical)- Kinetics and age-related changes	Dr. Divya	31/10/25	4-5



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**MONTHLY LECTURE SCHEDULE FDPS OCTOBER 2025      3RD BPTH WINTER BATCH 22—23**

*SONNER*

DATE	TIME	TOPIC	STAFF NAME
1/10/25	3-4PM	MECKENZIE	DR DIVYA
	4-5PM	NEURO PRACTICAL	DR CHITRA
3/10/25	11-12PM	PFT	DR SUWARNA
	11-12	MECKENZIE	DR. DIVYA
4/10/25	11-12PM	PFT	DR SUWARNA
6/10/25	2-3PM	NCV	DR CHITRA MAM
	3-4PM	MACKENZIE	DR DIVYA
	4-5PM	PFT	DR SUWARNA
7/10/25	11-12 PM	LATE RESPONSE	DR CHITRA
	4-5PM	SPECIAL TEST HAND	DR ANURAG
8/10/25	3-4PM	SPECIAL TEST HAND	DR ANURAG
	4-5PM	NTM	DR JIDNYSA
9/10/25	2-3	ROODS APPROACHE	DR CHITRA
	4-5	MSK PROFORMA	DR VINAYA
10/10/25	11-12AM	PFT	DR SUWARNA
	4-5PM	ROODS APPROACH	DR. CHITRA
11/10/25	11-12	ABG	DR ADITI
13/10/25	2-3PM	ROODS APPROCH	DR CHITRA
	3-4PM	NDT	DR JIDNYSA
	4-5PM	CVS PROFORMA	DR SHWETA D
14/10/25	11-12PM	ROODS APPROACH	DR CHITRA
	4-5PM	NDT PRACTICAL	DR CHITRA
15/10/25	3-4PM	SPECIAL TEST	DR DIVYA P
	4-5PM	ROODS APPROACH PRACTICAL	DR CHITRA
16/10 /25	DIWALI VACA	TION -----	27/10/25
28/10/25	11-12PM	HUMAN DEVELOPMENT	DR CHITRA
29/10/25	3-4	SPECIAL TEST	DR DIVYA
	4-5	PNF PRCT	DR CHITRA
30/10/25	2-3PM	ENERGY SYSTEM	DR. AMIT SIR
	4-5PM	MSK PRACTICAL	DR DIVYA
31/10/25	11-12AM	CVS ASSESSMENT	DR RENUKA

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**Dr. ULHAS PATIL COLLEGE OF PHYSIOTHERAPY, JALGAON**  
 (Affiliated To MUHS Nashik and Approved By MSOTP Council, Mumbai)  
 DEPARTMENT OF MUSCULOSKELETAL PHYSIOTHERAPY

MONTHLY LECTURE SCHEDULE FOR FINAL YEAR

**OCTOBER – 2025**

Sr. No	Dates	Lectures	Topics	Staff	Time
1.	01-10-25	Theory	Ankylosing spondylitis	Dr Pawan Chopade	3 – 4
2.	03-10-25	practical	PT management of Ankylosing spondylitis	Dr Pawan Chopade	11 – 12
3.	06-10-25	Theory	Inflammatory conditions	Dr Pawan Kumar	11 – 12
4.	07-10-25	Practical	PT management of Inflammatory conditions	Dr Pawan Kumar	12 – 1
5.	08-10-25	Practical	PT management of Inflammatory conditions	Dr Pawan Kumar	3 – 4
6.	09-10-25	Theory	Colle's fracture	Dr Priti Patil	12 – 1
7.	10-10-25	Practical	PT management of colle's fracture	Dr Priti Patil	11 – 12
8.	13-10-25	Practical	Case presentation	Msk Staff	11 – 12
9.	14-10-25	Theory	Achilles tendon injuries	Dr Anurag Mehta	12 – 1
10.	15-10-25	Practical	Management of achilles injuries	Dr Anurag Mehta	3 – 4
11.	27-10-25	Theory	Total knee replacement	Dr Mukesh Shinde	11 – 12
12.	28-10-25	Practical	PT management of TKR	Dr Mukesh Shinde	12 – 1
13.	29-10-25	Practical	PT management of TKR	Dr Mukesh Shinde	3 – 4
14.	30-10-25	Theory	Radius and ulna fracture	Dr Divya Patil	12 – 1
15.	31-10-25	practical	PT management of radius and ulna fracture	Dr Divya Patil	11 – 12

  
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 DEPARTMENT OF NEUROSCIENCES  
 MONTHLY TIME TABLE 4TH BPTH FINAL YR – OCTOBER 2025(SUMMER) NEW

DATE	TIME	TOPIC	STAFF
1/10/25 WED	12-1 PM	SCI-NEUROANATOMY	DR. KRUTIKA
	4-5	CASE PRESENTATION	DR KALPANA
3/10/25FRI	3-4PM	CP	DR. JIDNYASA
6/10/25MON	12-1 PM	SCI SYNDROMES	DR. KRUTIKA
7/10/25TUE	11-12PM	CP	DR. JIDNYASA
8/10/25WED	12-1PM	CP	DR. JIDNYASA
	4-5	CASE PRESENTATION	DR KALPANA
9/10/25THU	11-12PM	SCI ASSESMENT	DR. JIDNYASA
10/10/25FRI	3-4 PM	HORNERS SYNDROME	DR. KRUTIKA
13/10/25	12-1	SCI ASSESMENT	DR JIDNYASA
14/10/25	11-12	SCI ASSESMENT	DR JIDNYASA
15/10/25		}	
16/10/25			
17/10/25			DIWALI VACATION
20/10/25			
21/10/25			
22/10/25			
23/10/25			
24/10/25			
27/10/25MON	12-1	DMD M/M	DR ASHWINI
28/10/25TUE	11-12	DMD M/M	DR ASHWINI
29/10/25WED	12-1	PNI	DR ASHISH
	4-5	CASE DISCUSSION	DR KALPANA
30/10/25THU	11-12	DMD M/M	DR ASHWINI M
31/10/25FRI	3-4	MOTOR LEARNING THEORY	DR CHITRA

*Chitra*

HOD

COORDINATOR



*Alpurna S*

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## Department of Cardiovascular and Respiratory Physiotherapy

### Monthly Schedule for final year– October 2025

Sr. no.	Name of topic	Name of the Faculty	Date	Time
1.	ICU evaluation and monitoring	Dr. Rachana Meshram (PT)	01-10-25	2.00-3.00 pm
2.	ICU evaluation and monitoring	Dr. Rachana Meshram (PT)	03-10-25	12.00-1.00 pm
3.	Mechanical ventilation	Dr. Aditi Patil (PT)	06-10-25	3.00-4.00 pm
4.	Mechanical ventilation	Dr. Aditi Patil (PT)	07-10-25	3.00-4.00 pm
5.	Suctioning	Dr. Rachana Meshram (PT)	08-10-25	2.00-3.00 pm
6.	Suctioning	Dr. Rachana Meshram (PT)	09-10-25	3.00-4.00 pm
7.	PT management of a patient admitted in ICU	Dr. Rachana Meshram (PT)	10-10-25	12.00-1.00 pm
8.	PT management of a patient admitted in ICU	Dr. Rachana Meshram (PT)	13-10-25	3.00-4.00 pm
9.	PT management of a patient admitted in ICU	Dr. Rachana Meshram (PT)	14-10-25	3.00-4.00 pm
10.	PT management after Burns	Dr. Renuka Sarap (PT)	15-10-25	2.00-3.00 pm
11.	PT management after Burns	Dr. Renuka Sarap (PT)	27-10-25	3.00-4.00 pm
12.	PT management after Burns	Dr. Renuka Sarap (PT)	28-10-25	3.00-4.00 pm
13.	PT management after Mastectomy	Dr. Renuka Sarap (PT)	29-10-25	2.00-3.00 pm
14.	PT management after Mastectomy	Dr. Renuka Sarap (PT)	30-10-25	3.00-4.00 pm
15.	PT management after Mastectomy	Dr. Renuka Sarap (PT)	31-10-25	12.00-1.00 pm

  
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16-10-25 to 26-10-25 Diwali vacation



  
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College of Physiotherapy

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**Community Physiotherapy: Monthly teaching plan IV B.P.Th.- October**  
**2025**

SR. NO.	TOPICS	TEACHING STAFF	DATE	DAY	TIME
1	Health delivery system 3 tier (Revision)	Dr. Gayatri Kale	01/10/2025	Wed	11:00 – 12:00 PM
2	Environmental stresses in industrial areas accidents due to mechanical hazards	Dr. Manoj Suryawanshi	03/10/2025	Fri	02:00 – 03:00 PM
3	Urogenital dysfunction intervention	Dr. Ankita Mane	06/10/2025	Mon	02:00 – 03:00 PM
4	Disaster management	Dr. Radhika Tirmale	07/10/2025	Tue	02:00 – 03:00 PM
5	Exercises prescription in obesity	Dr. Gayatri Kale	08/10/2025	Wed	11:00 – 12:00 PM
6	Physical fitness in woman's health for osteoporosis	Dr. Ankita Mane	09/10/2025	Thu	02:00 – 03:00 PM
7	Case Presentation	Dr. Ankita Mane	09/10/2025	Thu	04:00 – 05:00 PM
8	Osteoporosis & fracture prevention	Dr. Ankita Mane	10/10/2025	Fri	02:00 – 03:00 PM
9	Physiotherapeutic Intervention in obesity	Dr. Gayatri Kale	13/10/2025	Mon	02:00 – 03:00 PM
10	Case presentation	Dr. Gayatri Kale	14/10/2025	Tue	02:00 – 03:00 PM
11	Urogenital dysfunction intervention	Dr. Ankita Mane	15/10/2025	Wed	11:00 – 12:00 PM
12.	DIWALI VACATION	DIWALI VACATION	-		16/10/2025 To 26/10/2025

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Community Department

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