

डॉ. उल्हास पाटील
कॉलेज ऑफ फिजीओथेरेपी



Dr. Ulhas Patil
College of Physiotherapy

Recognized by Govt. of Maharashtra, Affiliated to M.U.H.S., Nashik & Maharashtra State OTPT Council, Mumbai

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PROGRAM REPORT

Date: 12/01/2025

Title of Program	National youth day: Arise, Awaken and realise the power of youth.
Objective of Program	1. Recognize the potential of youth and inspire them to take active roles in shaping their communities and futures. 2. Highlight issues affecting youth, such as education, employment, health, and rights
Participant Type (tick applicable)	1st and 2nd year Post Graduate Students, 1st and 3rd year under graduate students.
Date and Duration of Program	From: 2:00 pm To: 4:00 pm Number of Hours (duration): 2 hours
Venue of the program/event	Lecture hall no.1 Dr. Ulhas Patil College of physiotherapy.
Program Organized by (Department/Committee/Unit)	Department of community physiotherapy
Program in-charge	Dr. Manoj Suryawanshi
Name of Faculty / Guest Speaker	Er. Mahesh Honmane
Supporting staff member	Dr. Kritika kale
Vote of thanks presented by	Ojasvi Janbandhu
Geo-tagged photos (tick applicable)	Soft copy: Yes Hard Copy: Yes
Number of participants (attended program / event)	104
Brief about the Program (Activity/Event details)	<p>On the occasion of "NATIONAL YOUTH DAY" which is celebrated on 12th January every year, our college has conducted a program for students to make them realise the potential of youth and inspire them to take active roles in shaping their communities and futures.</p> <p>A guest lecture was organised under the title "STRESS MANAGEMENT ON YOUTH" Our honourable guest speaker, Er. Mahesh Honmane sir guided our students and spoke about how students can manage their stress in day-to-day life. Our respected principal sir, Dr. Jaywant Nagulkar also inspires our students and boosted their moral.</p> <p>Students presented their speech and posters on theme- Youth: arise, Awaken, and Realise the power of youth and at last the program was concluded with a vote of thanks.</p>

Prepared by Coordinator



[Signature]
Principal
Principal
Dr. Ulhas Patil College of
Physiotherapy, Jalgaon



Godavari Foundation's

DR. ULHAS PATIL COLLEGE OF PHYSIOTHERAPY

(affiliated to MUHS, Nashik and recognized by Maharashtra state OTPT council, Mumbai)



Celebrate Youth Day

- Theme -

Arise, awake, and realise
the power of youth.

Guest Lecture

On Youth Stress Management

by

Er. Mahesh Honmane



Date - 13 January 2025



Time - 2pm onwards



Venue: DUPCOP



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Celebrate Youth Day

- Theme -

Arise, awake, and realise
the power of youth.



Date - 12 January 2025



Time - 10am onwards



Venue: DUPCOP



